

Train timetable

Valid from 2 June 2024

Cambridge and Stansted Airport to
London Liverpool Street

 @greateranglia

 [greateranglia.co.uk](https://www.greateranglia.co.uk)

Bold Times in bold are direct services operated by Greater Anglia
Italic Times in italics are connecting train services with one change of train Other connections may be available with further changes

0640 For the comfort and safety of all passengers, only folded cycles can be accommodated during busy times. Trains that these conditions apply to are highlighted throughout this timetable. To find out about when you can take a full-sized bike on the train visit greateranglia.co.uk/travel-information/your-journey/cycling

 All of our services are now WiFi enabled

1 First Class accommodation available

 Seat reservations possible

 Interchange with London Underground

DLR Interchange with Docklands Light Railway

 Interchange for airport

 PlusBus add-on tickets available from this station

 Train continues in later column

 Train continued from earlier column

a Arrival time

d Departure time

A Continues to Birmingham New Street

B Continues to Norwich

C Continues to Ely

FO Fridays only

FX Mondays to Thursdays only

MFO Mondays and Fridays only

MFX Tuesdays, Wednesdays and Thursdays only

TO Tuesdays only

TS Tuesday to Saturday mornings only

TX Mondays & Wednesdays to Fridays only

TWO Tuesdays and Wednesdays only

TWX Mondays, Thursdays and Fridays only

XC Service operated by CrossCountry.
XC trains are included to show the full service available between Stansted Airport, Audley End and Cambridge. These times are correct at time of going to press but Greater Anglia cannot be held responsible for them

All services are operated by Greater Anglia unless otherwise shown

Whilst every care has been taken in the production of this timetable, Greater Anglia can not be held liable for any errors or omissions contained within.



Customer Relations (Greater Anglia Customer Contact)

For all enquiries about Greater Anglia including season tickets, information and bank holiday services contact the Greater Anglia Customer Contact Centre:

email: contactcentre@greateranglia.co.uk

0345 600 7245 (calls may be recorded)



Accessibility enquiries (Greater Anglia disabled persons helpline)

For general accessibility enquiries or for assistance requests call Greater Anglia disabled persons helpline on:

0800 028 2878

Or email: assistedtravel@greateranglia.co.uk



Lost property

If you think you've left something on one of our trains or at one of our stations, contact us and we'll search the items handed in: greateranglia.co.uk/lostproperty

For items left on trains arriving at London Liverpool Street, visit LostProperty.org



Website – greateranglia.co.uk

Visit the website for online ticket bookings, real time train running information, station departure screens, service alterations, bespoke downloadable timetables and much more.



Journey information

Find out how your train is running before you leave home or work. Sign up to Journeycheck Alerts:

greateranglia.co.uk/alertme

Text
Dodger

Spot anyone deliberately avoiding payment of their fare?

If you believe a fellow customer is deliberately avoiding payment of their fare, you can text the details to: **60006** starting your text with the word **dodger**. All information will be treated in the strictest confidence.



National Rail Enquiries

Website: nationalrail.co.uk

Contact Centre:
















03457 48 49 50 (All calls are charged at the local rate and may be recorded.)



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Mondays to Fridays

			XC 1◇	◇	MFO	MFX	XC 1◇
Cambridge North		d					
Cambridge		a					
Cambridge		d	0444	0448			0517
Shelford		d					
Whittlesford Parkway		d		0455			
Great Chesterford		d					
Audley End		d	0459	0503			0534
Newport (Essex)		d					
Elsenham		d					
Stansted Airport		a	0514				0549
Stansted Airport		d			0530		
Stansted Mountfitchet		d					
Bishop's Stortford		d		0517	0530	0539	0539
Sawbridgeworth		d		0521	0535		
Harlow Mill		d		0525	0538		
Harlow Town		d		0528	0541	0547	0547
Roydon		d		0531	0545		
Broxbourne		a		0535	0550	0553	0553 0550
Cheshunt		a		0540		0557	0557 0600
Tottenham Hale		a		0549	0606	0606	0619
Seven Sisters		a					
Stratford	DLR 	a					0630
London Liverpool St		a		0603	0623	0623	

0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

Cambridge North		d							
Cambridge		a							
Cambridge		d	0520	0531				0550	
Shelford		d		0536				0555	
Whittlesford Parkway		d	0528	0540				0600	
Great Chesterford		d	0532					0604	
Audley End		d	0538	0548				0610	
Newport (Essex)		d	0541					0613	
Elsenham		d	0547					0618	
Stansted Airport		a							
Stansted Airport		d			0600	0615			0628
Stansted Mountfitchet		d	0550		0605			0622	0634
Bishop's Stortford		d	0557	0602	0610	0624		0628	0632
Sawbridgeworth		d	0601	0606				0632	0637
Harlow Mill		d		0610				0636	0640
Harlow Town		d	0607	0613	0619	0633		0639	 0647
Roydon		d	0610					0643	
Broxbourne		a	0614	0619				0647	
Cheshunt		a	0619			0641		0651	0656
Tottenham Hale		a	0628	0631	0635	0651		0703	0706
Seven Sisters		a							
Stratford	DLR		a	0642		0711			0723
London Liverpool St		a	0643		0649	0707		0719	0722














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Mondays to Fridays

	◇		◇			XC 1◇
Cambridge North	d	0607				
Cambridge	a	0612				
Cambridge	d	0615			0620	0634
Shelford	d				0625	
Whittlesford Parkway	d	0622			0630	
Great Chesterford	d				0634	
Audley End	d	0631			0640	0649
Newport (Essex)	d				0643	
Elsenham	d				0648	
Stansted Airport	a					0707
Stansted Airport	d			0645		0658
Stansted Mountfitchet	d				0652	
Bishop's Stortford	d	0644		0654	0658	0707
Sawbridgeworth	d		←		0702	0712
Harlow Mill	d	0640			0706	
Harlow Town	d	0657	0703		0709	0717
Roydon	d	0701		←	0713	
Broxbourne	a	0656	0706		0706	0717
Cheshunt	a		↪	0711	0715	0721 0726
Tottenham Hale	a	0709		0723	0730	0733 0736
Seven Sisters	a					
Stratford	DLR a				0741	0753
London Liverpool St	a	0725		0741		0750 0753
















0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

Cambridge North		d	0638			0705		
Cambridge		a	0644			0710		
Cambridge		d	0645	0650		0715		0720
Shelford		d		0655				0725
Whittlesford Parkway		d	0652	0700		0722		0730
Great Chesterford		d		0704				0734
Audley End		d	0701	0710		0731		0740
Newport (Essex)		d		0713				0743
Elsenham		d		0718				0748
Stansted Airport		a						
Stansted Airport		d		0715		0728		0743
Stansted Mountfitchet		d		0722				0749 0752
Bishop's Stortford		d	0714	0724	0728	0737	0744	0754 0758
Sawbridgeworth		d		0732	0742			0802
Harlow Mill		d		0736				0806
Harlow Town		d		0733	0739	0747		0803 0809
Roydon		d		0743				0813
Broxbourne		a	0726		0747		0756	0817
Cheshunt		a		0741	0751	0756		0811 0821
Tottenham Hale		a	0739	0753	0803	0806	0809	0823 0833
Seven Sisters		a						
Stratford	DLR		a		0811		0823	0841
London Liverpool St		a	0755	0811	0819	0823	0825	0840 0850
















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Mondays to Fridays

		XC					
		1	◇	◇			◇
Cambridge North	 d						0741
Cambridge	 a						0746
Cambridge	 d	0734	0745				0750
Shelford	d						0755
Whittlesford Parkway	d		0752				0800
Great Chesterford	d						0804
Audley End	d	0749	0801				0810
Newport (Essex)	d						0813
Elsenham	d						0818
Stansted Airport	 a	0807					
Stansted Airport	 d	0758			0815		
Stansted Mountfitchet	d						0822
Bishop's Stortford	 d	0807	0814	0818	0824		0828
Sawbridgeworth	d	0812					0832
Harlow Mill	d			0825			0836
Harlow Town	 d	0817		0828	0833		0839
Roydon	d			0831			0843
Broxbourne	 a		0826	0836		0836	0847
Cheshunt	 a	0826			0841	0845	0851
Tottenham Hale	 a	0836	0839		0852	0900	0903
Seven Sisters	 a						
Stratford	DLR  a	0853				0911	
London Liverpool St	 a	0853	0855		0910		0920














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Mondays to Fridays

		XC					
		1	◇	◇	◇		
Cambridge North	 d						0814
Cambridge	 a						0819
Cambridge	 d	0811		0817			0820
Shelford	d						0825
Whittlesford Parkway	d			0826			0830
Great Chesterford	d						0834
Audley End	d			0835			0840
Newport (Essex)	d						0843
Elsenham	d						0849
Stansted Airport	 a	0841					
Stansted Airport	 d	0830			0845		
Stansted Mountfitchet	d				0850		0853
Bishop's Stortford	 d	0840	0843	0849			0859
Sawbridgeworth	d		0848				0903
Harlow Mill	d		0851				0907
Harlow Town	 d		0854	0858	0903		0910
Roydon	d						0914
Broxbourne	 a		0901	0904			0918
Cheshunt	 a		0914			0914	0922
Tottenham Hale	 a	0906		0918	0921	0930	0933
Seven Sisters	 a						
Stratford	DLR  a	0923				0941	
London Liverpool St	 a	0923		0935	0937		0950
















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Mondays to Fridays

								XC 1◇	
Cambridge North	 d								
Cambridge	 a								
Cambridge	 d					0849		0911	
Shelford	d					0854			
Whittlesford Parkway	d					0859			
Great Chesterford	d					0903			
Audley End	d					0911			
Newport (Essex)	d					0914			
Elsenham	d					0919			
Stansted Airport	 a							0941	
Stansted Airport	 d	0900			0915			0930	
Stansted Mountfitchet	d			0920			0923		
Bishop's Stortford	 d	0909	0915				0929	0939	
Sawbridgeworth	d		0920				0933		
Harlow Mill	d		0923				0937		
Harlow Town	 d		0926	0932			0941		
Roydon	d		0930						
Broxbourne	 a		0935		←		0947		
Cheshunt	 a		0943		0943	0951			
Tottenham Hale	 a	0936	↪	0948	0957	1000	1003		
Seven Sisters	 a								
Stratford	DLR  a	0953			1010		1023		
London Liverpool St	 a	0953		1003		1015	1018		














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Mondays to Fridays

Cambridge North		d							◇
Cambridge		a							0913
Cambridge		d							0919
Shelford		d							0920
Whittlesford Parkway		d							0925
Great Chesterford		d							0930
Audley End		d							0934
Newport (Essex)		d							0940
Elsenham		d							0943
Stansted Airport		a							
Stansted Airport		d	0945				1000		1015
Stansted Mountfitchet		d							0952
Bishop's Stortford		d		0947	0958	1009		1015	
Sawbridgeworth		d		0952	1003			1020	
Harlow Mill		d			1006			1023	
Harlow Town		d	1001	1005	1009			1026	1032
Roydon		d			1013			1030	
Broxbourne		a		1011	1017			1035	
Cheshunt		a		1016	1021			1044	1044
Tottenham Hale		a	1017	1027	1030	1033			1048
Seven Sisters		a							
Stratford	DLR		a	1040			1053		1110
London Liverpool St		a	1033		1045	1047		1102	














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Mondays to Fridays

			◇				◇		
Cambridge North		d	0944	0953					1013
Cambridge		a	0949	0959					1019
Cambridge		d	0950	1003					1020
Shelford		d							1025
Whittlesford Parkway		d	0958	1011					1030
Great Chesterford		d							1034
Audley End		d	1007	1019					1040
Newport (Essex)		d							1043
Elsenham		d							1048
Stansted Airport		a	1024						
Stansted Airport		d			1030	1045			1100
Stansted Mountfitchet		d							1052
Bishop's Stortford		d	1033	1039			1047	1058	1109
Sawbridgeworth		d					1052	1103	
Harlow Mill		d						1106	
Harlow Town		d	1041			1101	1105	1109	
Roydon		d						1113	
Broxbourne		a	1047				1111	1117	
Cheshunt		a	1051				1116	1121	
Tottenham Hale		a	1100	1103	1117	1127	1130	1133	
Seven Sisters		a							
Stratford	DLR 	a			1123		1140		1153
London Liverpool St		a	1115	1117	1131		1145	1147	
















0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

				◇		XC 1◇
Cambridge North		d		1040	1053	
Cambridge		a		1045	1059	
Cambridge		d		1048	1103	1111
Shelford		d				
Whittlesford Parkway		d		1057	1111	
Great Chesterford		d				
Audley End		d		1107	1119	
Newport (Essex)		d				
Elsenham		d				
Stansted Airport		a		1124		1141
Stansted Airport		d	1115			1130
Stansted Mountfitchet		d	1120			
Bishop's Stortford		d	1115		1133	1139
Sawbridgeworth		d	1120			
Harlow Mill		d	1123			
Harlow Town		d	1126	1132	1141	
Roydon		d	1130			
Broxbourne		a	1135	←	1147	
Cheshunt		a	1144	1144	1151	
Tottenham Hale		a	↪	1148	1156	1200 1203
Seven Sisters		a				
Stratford	DLR		a			1223
London Liverpool St		a		1202	1215	1217














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Mondays to Fridays

Cambridge North	 d								◇
Cambridge	 a								1113
Cambridge	 d								1119
Shelford	d								1120
Whittlesford Parkway	d								1125
Great Chesterford	d								1130
Audley End	d								1134
Newport (Essex)	d								1140
Elsenham	d								1143
Stansted Airport	 a								1148
Stansted Airport	 d	1145				1200			1215
Stansted Mountfitchet	d								1152
Bishop's Stortford	 d			1147	1158	1209	1215		1220
Sawbridgeworth	d			1152	1203		1220		
Harlow Mill	d				1206		1223		
Harlow Town	 d	1201	1205	1209			1226	1232	
Roydon	d				1213		1230		
Broxbourne	 a			1211	1217		1235		
Cheshunt	 a			1216	1221		1244		1244
Tottenham Hale	 a	1217	1227	1230	1233			1248	1256
Seven Sisters	 a								
Stratford	DLR  a			1240		1253			1310
London Liverpool St	 a	1231		1245	1247			1302	














0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			◇			◇		
Cambridge North	 d	1143	1153					1213
Cambridge	 a	1149	1200					1219
Cambridge	 d	1150	1203					1220
Shelford	d							1225
Whittlesford Parkway	d	1158	1211					1230
Great Chesterford	d							1234
Audley End	d	1207	1219					1240
Newport (Essex)	d							1243
Elsenham	d							1248
Stansted Airport	 a	1224						
Stansted Airport	 d			1230	1245			1300
Stansted Mountfitchet	d							1252
Bishop's Stortford	 d	1233	1239			1247	1258	1309
Sawbridgeworth	d					1252	1303	
Harlow Mill	d						1306	
Harlow Town	 d	1241			1301	1305	1309	
Roydon	d						1313	
Broxbourne	 a	1247				1311	1317	
Cheshunt	 a	1251				1316	1321	
Tottenham Hale	 a	1300	1303	1317	1327	1330	1333	
Seven Sisters	 a							
Stratford	DLR  a			1323		1340		1353
London Liverpool St	 a	1315	1317	1333		1345	1347	
















0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

				◇		XC 1◇
Cambridge North		d		1239	1253	
Cambridge		a		1244	1259	
Cambridge		d		1248	1303	1311
Shelford		d				
Whittlesford Parkway		d		1257	1311	
Great Chesterford		d				
Audley End		d		1307	1319	
Newport (Essex)		d				
Elsenham		d				
Stansted Airport		a		1324		1341
Stansted Airport		d	1315			1330
Stansted Mountfitchet		d	1320			
Bishop's Stortford		d	1315		1333	1339
Sawbridgeworth		d	1320			
Harlow Mill		d	1323			
Harlow Town		d	1326	1332		1341
Roydon		d	1330			
Broxbourne		a	1335	←	1347	
Cheshunt		a	1344	1344	1351	
Tottenham Hale		a	↘	1348	1356	1400
Seven Sisters		a				
Stratford	DLR		a			1423
London Liverpool St		a		1402	1415	1417














0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

Cambridge North		d							1313
Cambridge		a							1319
Cambridge		d							1320
Shelford		d							1325
Whittlesford Parkway		d							1330
Great Chesterford		d							1334
Audley End		d							1340
Newport (Essex)		d							1343
Elsenham		d							1348
Stansted Airport		a							
Stansted Airport		d	1345			1400			1415
Stansted Mountfitchet		d			1352				1420
Bishop's Stortford		d		1347	1358	1409	1415		
Sawbridgeworth		d		1352	1403		1420		
Harlow Mill		d			1406		1423		
Harlow Town		d	1401	1405	1409		1426	1432	
Roydon		d			1413		1430		
Broxbourne		a		1411	1417		1435		
Cheshunt		a		1416	1421		1444		1444
Tottenham Hale		a	1417	1427	1430	1433		1448	1456
Seven Sisters		a							
Stratford	DLR 	a		1440		1453			1510
London Liverpool St		a	1431		1445	1448		1502	














0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			◇				◇	
Cambridge North	 d	1339	1353				1413	
Cambridge	 a	1344	1359				1419	
Cambridge	 d	1348	1403				1420	
Shelford	d						1425	
Whittlesford Parkway	d	1357	1411				1430	
Great Chesterford	d						1434	
Audley End	d	1407	1419				1440	
Newport (Essex)	d						1443	
Elsenham	d						1448	
Stansted Airport	 a	1424						
Stansted Airport	 d			1430	1445			1500
Stansted Mountfitchet	d						1452	
Bishop's Stortford	 d	1433	1439			1447	1458	1509
Sawbridgeworth	d					1452	1503	
Harlow Mill	d						1506	
Harlow Town	 d	1441			1501	1505	1509	
Roydon	d						1513	
Broxbourne	 a	1447				1511	1517	
Cheshunt	 a	1451				1516	1521	
Tottenham Hale	 a	1500	1503	1517	1527	1530	1533	
Seven Sisters	 a							
Stratford	DLR  a			1523		1540		1553
London Liverpool St	 a	1515	1517	1531		1545	1547	














0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

				◇		XC 1◇
Cambridge North		d		1439	1453	
Cambridge		a		1444	1459	
Cambridge		d		1448	1503	1511
Shelford		d				
Whittlesford Parkway		d		1457	1511	
Great Chesterford		d				
Audley End		d		1507	1519	
Newport (Essex)		d				
Elsenham		d				
Stansted Airport		a		1524		1541
Stansted Airport		d	1515			1530
Stansted Mountfitchet		d	1520			
Bishop's Stortford		d	1514		1533	1539
Sawbridgeworth		d	1519			
Harlow Mill		d	1524			
Harlow Town		d	1527	1532	1541	
Roydon		d	1530			
Broxbourne		a	1535	←	1547	
Cheshunt		a	1543	1543	1551	
Tottenham Hale		a	↘	1548	1557	1600 1603
Seven Sisters		a				
Stratford	DLR		a		1609	1623
London Liverpool St		a		1602	1615	1618
















0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

Cambridge North	 d								
Cambridge	 a								
Cambridge	 d								
Shelford	d								
Whittlesford Parkway	d								
Great Chesterford	d								
Audley End	d								
Newport (Essex)	d								
Elsenham	d								
Stansted Airport	 a								
Stansted Airport	 d	1545				1600		1615	
Stansted Mountfitchet	d								
Bishop's Stortford	 d								
Sawbridgeworth	d								
Harlow Mill	d								
Harlow Town	 d	1601	1604	1609				1626	1632
Roydon	d								
Broxbourne	 a								
Cheshunt	 a								
Tottenham Hale	 a	1617	1627	1630	1633			1648	1657
Seven Sisters	 a								
Stratford	DLR  a								
London Liverpool St	 a	1631				1646	1648		1702
















0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			◇				◇	
Cambridge North		d	1539	1543				1613
Cambridge		a	1544	1549				1619
Cambridge		d	1547	1550				1620
Shelford		d		1555				1625
Whittlesford Parkway		d	1556	1600				1630
Great Chesterford		d		1604				1634
Audley End		d	1606	1612				1640
Newport (Essex)		d		1615				1643
Elsenham		d		1620				1648
Stansted Airport		a	1624					
Stansted Airport		d			1630		1645	
Stansted Mountfitchet		d	1624					1652
Bishop's Stortford		d	1630	1639	1643			1658
Sawbridgeworth		d			1648			1703
Harlow Mill		d			1651			
Harlow Town		d	1638		1654	1700		1708
Roydon		d			1658			
Broxbourne		a	1644		1703			1714
Cheshunt		a	1648		1712		1712	1718
Tottenham Hale		a	1700	1703		1718	1724	1727
Seven Sisters		a						
Stratford	DLR 	a					1736	
London Liverpool St		a	1716	1718		1732		1744














0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

							◇
Cambridge North		d					1639 1643
Cambridge		a					1645 1649
Cambridge		d	1634				1647 1650
Shelford		d					1655
Whittlesford Parkway		d	1643				1656 1700
Great Chesterford		d					1704
Audley End		d	1651				1706 1711
Newport (Essex)		d					1714
Elsenham		d					1719
Stansted Airport		a					1724
Stansted Airport		d		1700		1715	
Stansted Mountfitchet		d				1720	1723
Bishop's Stortford		d	1705	1709	1715		1730
Sawbridgeworth		d			1720		1734
Harlow Mill		d			1723		
Harlow Town		d			1726	1732	1739
Roydon		d			1730		1743
Broxbourne		a			1735		 1747
Cheshunt		a			1743		1743 1751
Tottenham Hale		a	1730	1733		1750	1757 1800
Seven Sisters		a					
Stratford	DLR		a		1751		1809
London Liverpool St		a	1746	1748		1808	1816
















0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

		XC					
		1◇				◇	
Cambridge North	 d						1713
Cambridge	 a						1719
Cambridge	 d		1711				1720
Shelford	d						1725
Whittlesford Parkway	d						1730
Great Chesterford	d						1734
Audley End	d						1740
Newport (Essex)	d						1743
Elsenham	d						1748
Stansted Airport	 a		1741				
Stansted Airport	 d	1730		1745			1800
Stansted Mountfitchet	d						1752
Bishop's Stortford	 d	1739	1743				1800 1809
Sawbridgeworth	d		1748				1804
Harlow Mill	d		1751				1808
Harlow Town	 d		1754	1800			1811
Roydon	d		1758				
Broxbourne	 a		1803			←	1817
Cheshunt	 a		1812			1812	1821
Tottenham Hale	 a	1803	↘	1819	1824	1830	1833
Seven Sisters	 a						
Stratford	DLR  a					1836	1851
London Liverpool St	 a	1818		1838		1845	1847
















0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

		◇		◇	
Cambridge North	 d				
Cambridge	 a				
Cambridge	 d		1750		1820
Shelford	d		1755		1825
Whittlesford Parkway	d		1800		1830
Great Chesterford	d		1804		1834
Audley End	d		1811		1840
Newport (Essex)	d		1814		1843
Elsenham	d		1819		1848
Stansted Airport	 a				
Stansted Airport	 d	1815		1830	1845
Stansted Mountfitchet	d	1820	1823		1852
Bishop's Stortford	 d	1815	1830	1839	1900
Sawbridgeworth	d	1820	1834		1904
Harlow Mill	d	1823			1908
Harlow Town	 d	1826	1832	1839	1901
Roydon	d	1830		1843	
Broxbourne	 a	1835		1847	1917
Cheshunt	 a	1843	1843	1851	1921
Tottenham Hale	 a		1848	1857	1900
Seven Sisters	 a				
Stratford	DLR  a		1909		1938
London Liverpool St	 a	1902	1915	1917	1938
					1945
					1947
















0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			◇	XC 1◇	◇
Cambridge North	 d		1842		1913
Cambridge	 a		1848		1919
Cambridge	 d		1849	1911	1920
Shelford	d		1854		1925
Whittlesford Parkway	d		1859		1930
Great Chesterford	d		1903		1934
Audley End	d		1911		1940
Newport (Essex)	d		1914		1943
Elsenham	d		1919		1948
Stansted Airport	 a			1941	
Stansted Airport	 d	1915		1930	1945
Stansted Mountfitchet	d	1920	1923		1952
Bishop's Stortford	 d	1915	1930	1939	2000
Sawbridgeworth	d	1920	1934		2004
Harlow Mill	d	1923			2008
Harlow Town	 d	1926	1932	1939	2001 2011
Roydon	d	1930		1943	
Broxbourne	 a	1935	 1947		2017
Cheshunt	 a	1943	1943	1951	2021
Tottenham Hale	 a	 1948	1957	1959	2003 2017 2030
Seven Sisters	 a				
Stratford	DLR  a		2009	2023	2040
London Liverpool St	 a	2003	2015	2017	2032 2045

0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

Cambridge North	 d								◇
Cambridge	 a								1953
Cambridge	 d								1959
Shelford	d								2002
Whittlesford Parkway	d								
Great Chesterford	d								2010
Audley End	d								
Newport (Essex)	d								2019
Elsenham	d								
Stansted Airport	 a								
Stansted Airport	 d	2000			2015				2030 2045
Stansted Mountfitchet	d				2020				
Bishop's Stortford	 d	2009	2015				2033	2039	
Sawbridgeworth	d		2020						
Harlow Mill	d		2023						
Harlow Town	 d		2026	2032			2041		2101
Roydon	d		2030						
Broxbourne	 a		2035				2047		
Cheshunt	 a		2044			2044	2051		
Tottenham Hale	 a	2033		2048	2056	2100	2103	2117	
Seven Sisters	 a								
Stratford	DLR  a	2053				2110		2123	
London Liverpool St	 a	2047			2103		2115	2117	2131

0640 Cycle restrictions apply. See notes for details














Mondays to Fridays



Cambridge North		d	2013					2040
Cambridge		a	2019					2045
Cambridge		d	2020					2048
Shelford		d	2025					
Whittlesford Parkway		d	2030					2057
Great Chesterford		d	2034					
Audley End		d	2040					2107
Newport (Essex)		d	2043					
Elsenham		d	2048					
Stansted Airport		a						2124
Stansted Airport		d		2100		2115		
Stansted Mountfitchet		d	2052			2120		
Bishop's Stortford		d	2047	2058	2109	2115		
Sawbridgeworth		d	2052	2103		2120		
Harlow Mill		d		2106		2123		
Harlow Town		d	2105	2109		2126	2132	
Roydon		d		2113		2130		
Broxbourne		a	2111	2117		2135		
Cheshunt		a	2116	2121		2144		2144
Tottenham Hale		a	2127	2130	2133		2148	2156
Seven Sisters		a						
Stratford	DLR		a	2140		2153		2210
London Liverpool St		a		2145	2147		2202	














0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			◇	XC 1◇	◇			
Cambridge North		d	2053		2113			
Cambridge		a	2059		2119			
Cambridge		d	2103	2111	2120			
Shelford		d			2125			
Whittlesford Parkway		d	2111		2130			
Great Chesterford		d			2134			
Audley End		d	2119		2140			
Newport (Essex)		d			2143			
Elsenham		d			2148			
Stansted Airport		a		2141				
Stansted Airport		d		2130	2145			2200
Stansted Mountfitchet		d				2152		
Bishop's Stortford		d	2133	2139		2147	2158	2209
Sawbridgeworth		d				2152	2203	
Harlow Mill		d					2206	
Harlow Town		d	2141			2201	2205	2209
Roydon		d					2213	
Broxbourne		a	2147			2211	2217	
Cheshunt		a	2151			2216	2221	
Tottenham Hale		a	2200	2203		2217	2227	2233
Seven Sisters		a						
Stratford	DLR 	a		2223		2240		2253
London Liverpool St		a	2215	2217		2231	2245	2247














0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

				◇		XC 1◇
Cambridge North	 d			2153		
Cambridge	 a			2159		
Cambridge	 d			2203		2211
Shelford	d					
Whittlesford Parkway	d			2211		
Great Chesterford	d					
Audley End	d			2219		
Newport (Essex)	d					
Elsenham	d					
Stansted Airport	 a					2241
Stansted Airport	 d		2215		2230	2245
Stansted Mountfitchet	d		2220			
Bishop's Stortford	 d	2215		2233	2239	
Sawbridgeworth	d	2220				
Harlow Mill	d	2223				
Harlow Town	 d	2226	2232	2241		2301
Roydon	d	2230				
Broxbourne	 a	2235		← 2247		
Cheshunt	 a	2244		2244	2251	
Tottenham Hale	 a	↳ 2248	2256	2300	2303	2317
Seven Sisters	 a					
Stratford	DLR  a			2310		2323
London Liverpool St	 a		2302	2315	2317	2331














0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			◇		◇				FO
Cambridge North		d	2213		2243				
Cambridge		a	2219		2248				
Cambridge		d	2220		2250				2327
Shelford		d	2225		2255				2332
Whittlesford Parkway		d	2230		2300				2336
Great Chesterford		d	2234		2304				2340
Audley End		d	2240		2310				2345
Newport (Essex)		d	2243		2313				2348
Elsenham		d	2248		2318				2354
Stansted Airport		a							
Stansted Airport		d		2300	2314		2330	2345	
Stansted Mountfitchet		d	2252		2319	2322			2358
Bishop's Stortford		d	2258	2309		2329	2339	2354	0004
Sawbridgeworth		d	2303			2333			
Harlow Mill		d	2306			2337			
Harlow Town		d	2309		2332	2340		0002	
Roydon		d	2313			2343			
Broxbourne		a	2317			2347			
Cheshunt		a	2321			2352			
Tottenham Hale		a	2330	2333	2348				
Seven Sisters		a				0004	0008	0022	
Stratford	DLR		a						
London Liverpool St		a	2347	2349	0002	0018	0022	0036	

0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			TX	TO	TS
Cambridge North		d			
Cambridge		a			
Cambridge		d			
Shelford		d			
Whittlesford Parkway		d			
Great Chesterford		d			
Audley End		d			
Newport (Essex)		d			
Elsenham		d			
Stansted Airport		a			
Stansted Airport		d	2359	2359	0030
Stansted Mountfitchet		d			
Bishop's Stortford		d	0008	0008	0039
Sawbridgeworth		d			
Harlow Mill		d			
Harlow Town		d	0017	0017	0047
Roydon		d			
Broxbourne		a			
Cheshunt		a			
Tottenham Hale		a			
Seven Sisters		a			
Stratford	DLR		a		
London Liverpool St		a	0052	0053	0121
















0640 Cycle restrictions apply. See notes for details

Saturdays

		◇	XC 1◇		◇		
Cambridge North	d						
Cambridge	a						
Cambridge	d	0438		0451		0520	
Shelford	d					0525	
Whittlesford Parkway	d	0445				0530	
Great Chesterford	d					0534	
Audley End	d	0453				0540	
Newport (Essex)	d					0543	
Elsenham	d					0548	
Stansted Airport	a			0517			
Stansted Airport	d				0530		0600
Stansted Mountfitchet	d					0552	
Bishop's Stortford	d	0507	0514		0539	0547	0558
Sawbridgeworth	d	0511	0519			0552	0603
Harlow Mill	d	0515	0522				0606
Harlow Town	d	0518	0525		0547	0605	0609
Roydon	d	0521	0529				0613
Broxbourne	a	0525	0533			0611	0617
Cheshunt	a	0530	0537			0616	0621
Tottenham Hale	a		0554		0603	0627	0629
Seven Sisters	a	0542					
Stratford	DLR a		0604			0640	0653
London Liverpool St	a	0557	0614		0617	0645	0647














0640 Cycle restrictions apply. See notes for details

Saturdays

		XC			◇
		1◇			
Cambridge North	 d				
Cambridge	 a				
Cambridge	 d	0540		0603	0610
Shelford	d				
Whittlesford Parkway	d			0611	0618
Great Chesterford	d				
Audley End	d	0555		0619	0626
Newport (Essex)	d				
Elsenham	d				
Stansted Airport	 a	0610			0641
Stansted Airport	 d		0615		0630
Stansted Mountfitchet	d		0620		
Bishop's Stortford	 d	0615		0633	0639
Sawbridgeworth	d	0620			
Harlow Mill	d	0623			
Harlow Town	 d	0626	0632	0641	
Roydon	d	0630			
Broxbourne	 a	0635		 0647	
Cheshunt	 a	0644		0644	0651
Tottenham Hale	 a		0648	0656	0700
Seven Sisters	 a				
Stratford	DLR  a			0710	0723
London Liverpool St	 a		0702	0715	0717















0640 Cycle restrictions apply. See notes for details

Saturdays

			◇		XC 1◇
Cambridge North	 d		0613		
Cambridge	 a		0619		
Cambridge	 d		0620		0640
Shelford	d		0625		
Whittlesford Parkway	d		0630		
Great Chesterford	d		0634		
Audley End	d		0640		0655
Newport (Essex)	d		0643		
Elsenham	d		0648		
Stansted Airport	 a				0710
Stansted Airport	 d	0645		0700	0715
Stansted Mountfitchet	d		0652		0720
Bishop's Stortford	 d		0647	0658	0709
Sawbridgeworth	d		0652	0703	0715
Harlow Mill	d			0706	0720
Harlow Town	 d	0701	0705	0709	0723
Roydon	d			0713	0726
Broxbourne	 a		0711	0717	0730
Cheshunt	 a		0716	0721	0735
Tottenham Hale	 a	0717	0727	0730	0733
Seven Sisters	 a				0744
Stratford	DLR  a		0740		0748
London Liverpool St	 a	0731	0745	0747	0802














0640 Cycle restrictions apply. See notes for details

Saturdays

				◇		◇
Cambridge North		d	0639			0713
Cambridge		a	0647			0719
Cambridge		d	0649	0703		0720
Shelford		d				0725
Whittlesford Parkway		d	0658	0711		0730
Great Chesterford		d				0734
Audley End		d	0707	0719		0740
Newport (Essex)		d				0743
Elsenham		d				0748
Stansted Airport		a	0724			
Stansted Airport		d		0730	0745	
Stansted Mountfitchet		d				0752
Bishop's Stortford		d	0733	0739		0747 0758
Sawbridgeworth		d				0752 0803
Harlow Mill		d				0806
Harlow Town		d	0741		0801	0805 0809
Roydon		d				0813
Broxbourne		a		0747		0811 0817
Cheshunt		a	0744	0751		0816 0821
Tottenham Hale		a	0756	0800	0803 0817	0827 0830
Seven Sisters		a				
Stratford	DLR 	a	0810		0823	0840
London Liverpool St		a	0815	0817 0831		0845















0640 Cycle restrictions apply. See notes for details

Saturdays

		XC			
		1	◇	◇	
Cambridge North	 d			0739	0753
Cambridge	 a			0744	0759
Cambridge	 d	0736		0748	0803
Shelford	d				
Whittlesford Parkway	d			0757	0811
Great Chesterford	d				
Audley End	d	0752		0807	0819
Newport (Essex)	d				
Elsenham	d				
Stansted Airport	 a	0810		0824	
Stansted Airport	 d	0800		0815	
Stansted Mountfitchet	d			0820	
Bishop's Stortford	 d	0809	0815		0833
Sawbridgeworth	d		0820		
Harlow Mill	d		0823		
Harlow Town	 d		0826	0832	0841
Roydon	d		0830		
Broxbourne	 a		0835		0847
Cheshunt	 a		0844	0844	0851
Tottenham Hale	 a	0833	0848	0856	0900
Seven Sisters	 a				
Stratford	DLR  a	0853		0910	
London Liverpool St	 a	0847	0902		0915














0640 Cycle restrictions apply. See notes for details

Saturdays

		XC					
		1◇				◇	
Cambridge North	 d						0813
Cambridge	 a						0819
Cambridge	 d		0811				0820
Shelford	d						0825
Whittlesford Parkway	d						0830
Great Chesterford	d						0834
Audley End	d						0840
Newport (Essex)	d						0843
Elsenham	d						0848
Stansted Airport	 a		0841				
Stansted Airport	 d	0830		0845			0900
Stansted Mountfitchet	d						0852
Bishop's Stortford	 d	0839			0847	0858	0909 0915
Sawbridgeworth	d				0852	0903	0920
Harlow Mill	d					0906	0923
Harlow Town	 d			0901	0905	0909	0926
Roydon	d					0913	0930
Broxbourne	 a				0911	0917	0935
Cheshunt	 a				0916	0921	0944
Tottenham Hale	 a	0903		0917	0927	0930	0933 
Seven Sisters	 a						
Stratford	DLR  a	0923			0940		0953
London Liverpool St	 a	0917		0931		0945	0947

0640 Cycle restrictions apply. See notes for details

Saturdays

				◇		XC 1◇	
Cambridge North		d		0839	0853		
Cambridge		a		0844	0859		
Cambridge		d		0848	0903		0911
Shelford		d					
Whittlesford Parkway		d		0857	0911		
Great Chesterford		d					
Audley End		d		0907	0919		
Newport (Essex)		d					
Elsenham		d					
Stansted Airport		a		0924			0941
Stansted Airport		d	0915			0930	0945
Stansted Mountfitchet		d	0920				
Bishop's Stortford		d			0933	0939	
Sawbridgeworth		d					
Harlow Mill		d					
Harlow Town		d	0932		0941		1001
Roydon		d					
Broxbourne		a			0947		
Cheshunt		a		0944	0951		
Tottenham Hale		a	0948	0956	1000	1003	1017
Seven Sisters		a					
Stratford	DLR		a			1023	
London Liverpool St		a	1002		1015	1017	1031

0640 Cycle restrictions apply. See notes for details















Saturdays



Cambridge North		d	0913					0939
Cambridge		a	0919					0944
Cambridge		d	0920					0948
Shelford		d	0925					
Whittlesford Parkway		d	0930					0957
Great Chesterford		d	0934					
Audley End		d	0940					1007
Newport (Essex)		d	0943					
Elsenham		d	0948					
Stansted Airport		a						1024
Stansted Airport		d		1000			1015	
Stansted Mountfitchet		d	0952				1020	
Bishop's Stortford		d	0947	0958	1009	1015		
Sawbridgeworth		d	0952	1003		1020		
Harlow Mill		d		1006		1023		
Harlow Town		d	1005	1009		1026	1032	
Roydon		d		1013		1030		
Broxbourne		a	1011	1017		1035		
Cheshunt		a	1016	1021		1044		1044
Tottenham Hale		a	1027	1030	1033		1048	1056
Seven Sisters		a						
Stratford	DLR		1040		1053			1110
London Liverpool St		a	1045	1047			1102	














0640 Cycle restrictions apply. See notes for details

Saturdays

			◇			◇			
Cambridge North		d	0953						1013
Cambridge		a	0959						1019
Cambridge		d	1003						1020
Shelford		d							1025
Whittlesford Parkway		d	1011						1030
Great Chesterford		d							1034
Audley End		d	1019						1040
Newport (Essex)		d							1043
Elsenham		d							1048
Stansted Airport		a							
Stansted Airport		d		1030	1045				1100
Stansted Mountfitchet		d							1052
Bishop's Stortford		d	1033	1039		1047	1058	1109	1115
Sawbridgeworth		d				1052	1103		1120
Harlow Mill		d					1106		1123
Harlow Town		d	1041		1101	1105	1109		1126
Roydon		d					1113		1130
Broxbourne		a	1047			1111	1117		1135
Cheshunt		a	1051			1116	1121		1144
Tottenham Hale		a	1100	1103	1117	1127	1130	1133	
Seven Sisters		a							
Stratford	DLR		a		1123		1140		1153
London Liverpool St		a	1115	1117	1131		1145	1147	

0640 Cycle restrictions apply. See notes for details

Saturdays

				◇	XC 1◇		
Cambridge North		d		1039	1053		
Cambridge		a		1044	1059		
Cambridge		d		1048	1103	1111	
Shelford		d					
Whittlesford Parkway		d		1057	1111		
Great Chesterford		d					
Audley End		d		1107	1119		
Newport (Essex)		d					
Elsenham		d					
Stansted Airport		a		1124	1141		
Stansted Airport		d	1115		1130	1145	
Stansted Mountfitchet		d	1120				
Bishop's Stortford		d		1133	1139		
Sawbridgeworth		d					
Harlow Mill		d					
Harlow Town		d	1132	1141	1201		
Roydon		d					
Broxbourne		a		←	1147		
Cheshunt		a		1144	1151		
Tottenham Hale		a	1148	1156	1200	1203	1217
Seven Sisters		a					
Stratford	DLR		a	1210	1223		
London Liverpool St		a	1202	1215	1217	1231	

0640 Cycle restrictions apply. See notes for details















Saturdays



Cambridge North		d		1113					1139
Cambridge		a		1119					1145
Cambridge		d		1120					1148
Shelford		d		1125					
Whittlesford Parkway		d		1130					1157
Great Chesterford		d		1134					
Audley End		d		1140					1207
Newport (Essex)		d		1143					
Elsenham		d		1148					
Stansted Airport		a							1224
Stansted Airport		d			1200			1215	
Stansted Mountfitchet		d		1152				1220	
Bishop's Stortford		d	1147	1158	1209		1215		
Sawbridgeworth		d	1152	1203			1220		
Harlow Mill		d		1206			1223		
Harlow Town		d	1205	1209			1226	1232	
Roydon		d		1213			1230		
Broxbourne		a	1211	1217			1235		
Cheshunt		a	1216	1221			1244		1244
Tottenham Hale		a	1227	1230	1233			1248	1256
Seven Sisters		a							
Stratford	DLR		a	1240		1253			1310
London Liverpool St		a		1245	1247			1302	














0640 Cycle restrictions apply. See notes for details

Saturdays

		◇		◇				
Cambridge North	 d	1153						1213
Cambridge	 a	1159						1219
Cambridge	 d	1203						1220
Shelford	d							1225
Whittlesford Parkway	d	1211						1230
Great Chesterford	d							1234
Audley End	d	1219						1240
Newport (Essex)	d							1243
Elsenham	d							1248
Stansted Airport	 a							
Stansted Airport	 d		1230	1245				1300
Stansted Mountfitchet	d							1252
Bishop's Stortford	 d	1233	1239		1247	1258	1309	1315
Sawbridgeworth	d				1252	1303		1320
Harlow Mill	d					1306		1323
Harlow Town	 d	1241		1301	1305	1309		1326
Roydon	d					1313		1330
Broxbourne	 a	1247			1311	1317		1335
Cheshunt	 a	1251			1316	1321		1344
Tottenham Hale	 a	1300	1303	1317	1327	1330	1333	
Seven Sisters	 a							
Stratford	DLR  a		1323		1340		1353	
London Liverpool St	 a	1315	1317	1331		1345	1349	

0640 Cycle restrictions apply. See notes for details

Saturdays

				◇	XC 1◇		
Cambridge North		d		1239	1253		
Cambridge		a		1244	1259		
Cambridge		d		1248	1303	1311	
Shelford		d					
Whittlesford Parkway		d		1257	1311		
Great Chesterford		d					
Audley End		d		1307	1319		
Newport (Essex)		d					
Elsenham		d					
Stansted Airport		a		1324	1341		
Stansted Airport		d	1315		1330	1345	
Stansted Mountfitchet		d	1320				
Bishop's Stortford		d		1333	1339		
Sawbridgeworth		d					
Harlow Mill		d					
Harlow Town		d	1332	1341	1401		
Roydon		d					
Broxbourne		a		←	1347		
Cheshunt		a		1344	1351		
Tottenham Hale		a	1348	1356	1400	1403	1417
Seven Sisters		a					
Stratford	DLR		a	1410	1423		
London Liverpool St		a	1402	1415	1417	1431	

0640 Cycle restrictions apply. See notes for details















Saturdays



Cambridge North		d	1313					1344
Cambridge		a	1319					1349
Cambridge		d	1320					1350
Shelford		d	1325					
Whittlesford Parkway		d	1330					1358
Great Chesterford		d	1334					
Audley End		d	1340					1407
Newport (Essex)		d	1343					
Elsenham		d	1348					
Stansted Airport		a						1424
Stansted Airport		d		1400		1415		
Stansted Mountfitchet		d	1352			1420		
Bishop's Stortford		d	1347	1358	1409	1415		
Sawbridgeworth		d	1352	1403		1420		
Harlow Mill		d		1406		1423		
Harlow Town		d	1405	1409		1426	1432	
Roydon		d		1413		1430		
Broxbourne		a	1411	1417		1435		
Cheshunt		a	1416	1421		1444		1444
Tottenham Hale		a	1427	1430	1433		1448	1456
Seven Sisters		a						
Stratford	DLR		1440		1453			1510
London Liverpool St		a	1445	1447		1502		














0640 Cycle restrictions apply. See notes for details

Saturdays

		◇		◇				
Cambridge North	 d	1353						1413
Cambridge	 a	1359						1419
Cambridge	 d	1403						1420
Shelford	d							1425
Whittlesford Parkway	d	1411						1430
Great Chesterford	d							1434
Audley End	d	1419						1440
Newport (Essex)	d							1443
Elsenham	d							1448
Stansted Airport	 a							
Stansted Airport	 d		1430	1445				1500
Stansted Mountfitchet	d							1452
Bishop's Stortford	 d	1433	1439		1447	1458	1509	1515
Sawbridgeworth	d				1452	1503		1520
Harlow Mill	d					1506		1523
Harlow Town	 d	1441		1501	1505	1509		1526
Roydon	d					1513		1530
Broxbourne	 a	1447			1511	1517		1535
Cheshunt	 a	1451			1516	1521		1544
Tottenham Hale	 a	1500	1503	1517	1527	1530	1533	
Seven Sisters	 a							
Stratford	DLR  a		1523		1540			1553
London Liverpool St	 a	1515	1517	1531		1545	1549	

0640 Cycle restrictions apply. See notes for details

Saturdays

				◇		XC 1◇	
Cambridge North		d		1439	1453		
Cambridge		a		1444	1459		
Cambridge		d		1448	1503		1511
Shelford		d					
Whittlesford Parkway		d		1457	1511		
Great Chesterford		d					
Audley End		d		1507	1519		
Newport (Essex)		d					
Elsenham		d					
Stansted Airport		a		1524			1541
Stansted Airport		d	1515			1530	1545
Stansted Mountfitchet		d	1520				
Bishop's Stortford		d			1533	1539	
Sawbridgeworth		d					
Harlow Mill		d					
Harlow Town		d	1532		1541		1601
Roydon		d					
Broxbourne		a		←	1547		
Cheshunt		a		1544	1551		
Tottenham Hale		a	1548	1556	1600	1603	1617
Seven Sisters		a					
Stratford	DLR		a			1623	
London Liverpool St		a	1602		1615	1617	1631

0640 Cycle restrictions apply. See notes for details















Saturdays



Cambridge North		d		1513					1540
Cambridge		a		1519					1546
Cambridge		d		1520					1548
Shelford		d		1525					
Whittlesford Parkway		d		1530					1557
Great Chesterford		d		1534					
Audley End		d		1540					1607
Newport (Essex)		d		1543					
Elsenham		d		1548					
Stansted Airport		a							1624
Stansted Airport		d			1600			1615	
Stansted Mountfitchet		d		1552				1620	
Bishop's Stortford		d	1547	1558	1609		1615		
Sawbridgeworth		d	1552	1603			1620		
Harlow Mill		d		1606			1623		
Harlow Town		d	1605	1609			1626	1632	
Roydon		d		1613			1630		
Broxbourne		a	1611	1617			1635		
Cheshunt		a	1616	1621			1644		1644
Tottenham Hale		a	1627	1630	1633			1648	1656
Seven Sisters		a							
Stratford	DLR		a	1640		1653			1710
London Liverpool St		a		1645	1647			1702	














0640 Cycle restrictions apply. See notes for details

Saturdays

		◇		◇					
Cambridge North	 d	1553							1613
Cambridge	 a	1559							1619
Cambridge	 d	1603							1620
Shelford	d								1625
Whittlesford Parkway	d	1611							1630
Great Chesterford	d								1634
Audley End	d	1619							1640
Newport (Essex)	d								1643
Elsenham	d								1648
Stansted Airport	 a								
Stansted Airport	 d		1630	1645					1700
Stansted Mountfitchet	d								1652
Bishop's Stortford	 d	1633	1639		1647	1658	1709	1715	
Sawbridgeworth	d				1652	1703			1720
Harlow Mill	d					1706			1723
Harlow Town	 d	1641		1701	1705	1709			1726
Roydon	d					1713			1730
Broxbourne	 a	1647			1711	1717			1735
Cheshunt	 a	1651			1716	1721			1744
Tottenham Hale	 a	1700	1703	1717	1727	1730	1733		
Seven Sisters	 a								
Stratford	DLR  a		1723		1740			1753	
London Liverpool St	 a	1715	1717	1731		1745	1747		

0640 Cycle restrictions apply. See notes for details

Saturdays

				◇		XC 1◇	
Cambridge North		d		1639	1653		
Cambridge		a		1644	1659		
Cambridge		d		1648	1703		1711
Shelford		d					
Whittlesford Parkway		d		1657	1711		
Great Chesterford		d					
Audley End		d		1707	1719		
Newport (Essex)		d					
Elsenham		d					
Stansted Airport		a		1724			1741
Stansted Airport		d	1715			1730	1745
Stansted Mountfitchet		d	1720				
Bishop's Stortford		d			1733	1739	
Sawbridgeworth		d					
Harlow Mill		d					
Harlow Town		d	1733		1741		1801
Roydon		d					
Broxbourne		a			1747		
Cheshunt		a		1744	1751		
Tottenham Hale		a	1749	1757	1800	1803	1817
Seven Sisters		a					
Stratford	DLR 	a		1810		1823	
London Liverpool St		a	1803		1815	1817	1831

0640 Cycle restrictions apply. See notes for details















Saturdays



Cambridge North		d		1713				1739
Cambridge		a		1719				1744
Cambridge		d		1720				1748
Shelford		d		1725				
Whittlesford Parkway		d		1730				1757
Great Chesterford		d		1734				
Audley End		d		1740				1807
Newport (Essex)		d		1743				
Elsenham		d		1748				
Stansted Airport		a						1824
Stansted Airport		d			1800		1815	
Stansted Mountfitchet		d		1752			1820	
Bishop's Stortford		d	1747	1758	1809	1815		
Sawbridgeworth		d	1752	1803		1820		
Harlow Mill		d		1806		1823		
Harlow Town		d	1805	1809		1826	1832	
Roydon		d		1813		1830		
Broxbourne		a	1811	1817		1835		
Cheshunt		a	1816	1821		1844		1844
Tottenham Hale		a	1827	1830	1833		1848	1856
Seven Sisters		a						
Stratford	DLR		a	1840		1853		1910
London Liverpool St		a		1845	1847		1902	














0640 Cycle restrictions apply. See notes for details

Saturdays

		◇		◇				
Cambridge North	 d	1753						1813
Cambridge	 a	1759						1819
Cambridge	 d	1803						1820
Shelford	d							1825
Whittlesford Parkway	d	1811						1830
Great Chesterford	d							1834
Audley End	d	1819						1840
Newport (Essex)	d							1843
Elsenham	d							1848
Stansted Airport	 a							
Stansted Airport	 d		1830	1845				1900
Stansted Mountfitchet	d							1852
Bishop's Stortford	 d	1833	1839		1847	1858	1909	1915
Sawbridgeworth	d				1852	1903		1920
Harlow Mill	d					1906		1923
Harlow Town	 d	1841		1901	1905	1909		1926
Roydon	d					1913		1930
Broxbourne	 a	1847			1911	1917		1935
Cheshunt	 a	1851			1916	1921		1944
Tottenham Hale	 a	1900	1903	1917	1927	1930	1933	
Seven Sisters	 a							
Stratford	DLR  a		1923		1940		1953	
London Liverpool St	 a	1915	1917	1931		1945	1947	

0640 Cycle restrictions apply. See notes for details

Saturdays

				◇		XC 1◇	
Cambridge North		d		1839	1853		
Cambridge		a		1844	1859		
Cambridge		d		1848	1903		1911
Shelford		d					
Whittlesford Parkway		d		1857	1911		
Great Chesterford		d					
Audley End		d		1907	1919		
Newport (Essex)		d					
Elsenham		d					
Stansted Airport		a		1924			1941
Stansted Airport		d	1915			1930	1945
Stansted Mountfitchet		d	1920				
Bishop's Stortford		d			1933	1939	
Sawbridgeworth		d					
Harlow Mill		d					
Harlow Town		d	1932		1941		2001
Roydon		d					
Broxbourne		a			1947		
Cheshunt		a		1944	1951		
Tottenham Hale		a	1948	1956	2000	2003	2017
Seven Sisters		a					
Stratford	DLR		a	2010		2023	
London Liverpool St		a	2002		2015	2017	2031

0640 Cycle restrictions apply. See notes for details















Saturdays



Cambridge North		d	1913					1939
Cambridge		a	1919					1944
Cambridge		d	1920					1948
Shelford		d	1925					
Whittlesford Parkway		d	1930					1957
Great Chesterford		d	1934					
Audley End		d	1940					2007
Newport (Essex)		d	1943					
Elsenham		d	1948					
Stansted Airport		a						2024
Stansted Airport		d			2000		2015	
Stansted Mountfitchet		d	1952				2020	
Bishop's Stortford		d	1947	1958	2009	2015		
Sawbridgeworth		d	1952	2003		2020		
Harlow Mill		d		2006		2023		
Harlow Town		d	2005	2009		2026	2032	
Roydon		d		2013		2030		
Broxbourne		a	2011	2017		2035		
Cheshunt		a	2016	2021		2044		2044
Tottenham Hale		a	2027	2030	2033		2048	2056
Seven Sisters		a						
Stratford	DLR		2040		2053			2110
London Liverpool St		a	2045	2047			2102	














0640 Cycle restrictions apply. See notes for details

Saturdays

		◇		◇					
Cambridge North	 d	1953							2013
Cambridge	 a	1959							2019
Cambridge	 d	2003							2020
Shelford	d								2025
Whittlesford Parkway	d	2011							2030
Great Chesterford	d								2034
Audley End	d	2019							2040
Newport (Essex)	d								2043
Elsenham	d								2048
Stansted Airport	 a								
Stansted Airport	 d		2030	2045					2100
Stansted Mountfitchet	d								2052
Bishop's Stortford	 d	2033	2039		2047	2058	2109	2115	
Sawbridgeworth	d				2052	2103			2120
Harlow Mill	d					2106			2123
Harlow Town	 d	2041		2101	2105	2109			2126
Roydon	d					2113			2130
Broxbourne	 a	2047			2111	2117			2135
Cheshunt	 a	2051			2116	2121			2144
Tottenham Hale	 a	2100	2103	2117	2127	2130	2133		
Seven Sisters	 a								
Stratford	DLR  a		2123		2140			2153	
London Liverpool St	 a	2115	2117	2131		2145	2147		














0640 Cycle restrictions apply. See notes for details

Saturdays

				◇		XC 1◇	
Cambridge North	 d			2039	2053		
Cambridge	 a			2044	2100		
Cambridge	 d			2048	2103		2111
Shelford	d						
Whittlesford Parkway	d			2057	2111		
Great Chesterford	d						
Audley End	d			2107	2119		
Newport (Essex)	d						
Elsenham	d						
Stansted Airport	 a			2124		2141	
Stansted Airport	 d	2115				2130	2145
Stansted Mountfitchet	d	2120					
Bishop's Stortford	 d			2133	2139		
Sawbridgeworth	d						
Harlow Mill	d						
Harlow Town	 d	2132		2141			2201
Roydon	d						
Broxbourne	 a		←	2147			
Cheshunt	 a		2144	2151			
Tottenham Hale	 a	2148	2156	2200	2203		2217
Seven Sisters	 a						
Stratford	DLR  a		2210			2223	
London Liverpool St	 a	2202		2215	2217		2231














0640 Cycle restrictions apply. See notes for details

Saturdays

				◇					◇
Cambridge North		d		2113					2153
Cambridge		a		2119					2159
Cambridge		d		2120					2203
Shelford		d		2125					
Whittlesford Parkway		d		2130					2211
Great Chesterford		d		2134					
Audley End		d		2140					2219
Newport (Essex)		d		2143					
Elsenham		d		2148					
Stansted Airport		a							
Stansted Airport		d			2200			2215	
Stansted Mountfitchet		d		2152				2220	
Bishop's Stortford		d	2147	2158	2209		2215		2233
Sawbridgeworth		d	2152	2203			2220		
Harlow Mill		d		2206			2223		
Harlow Town		d	2205	2209			2226	2232	2241
Roydon		d		2213			2230		
Broxbourne		a	2211	2217			2235		2247
Cheshunt		a	2216	2221			2244		2244 2251
Tottenham Hale		a	2227	2230	2233		2248	2256	2300
Seven Sisters		a							
Stratford	DLR		a	2240		2253			2310
London Liverpool St		a		2245	2247		2302		2315














0640 Cycle restrictions apply. See notes for details

Saturdays

			XC					
			1	◇	◇	◇	◇	◇
Cambridge North		d			2213			2243
Cambridge		a			2219			2249
Cambridge		d	2211		2220			2250
Shelford		d			2225			2255
Whittlesford Parkway		d			2230			2300
Great Chesterford		d			2234			2304
Audley End		d			2240			2310
Newport (Essex)		d			2243			2313
Elsenham		d			2248			2318
Stansted Airport		a	2241					
Stansted Airport		d	2230	2245		2300	2314	
Stansted Mountfitchet		d			2252		2319	2322
Bishop's Stortford		d	2239		2258	2309		2329
Sawbridgeworth		d			2303			2333
Harlow Mill		d			2306			2337
Harlow Town		d		2301	2309		2332	2340
Roydon		d			2313			2343
Broxbourne		a			2317			2347
Cheshunt		a			2321			2351
Tottenham Hale		a	2303	2317	2330	2333	2348	2359
Seven Sisters		a						
Stratford	DLR		a	2323				
London Liverpool St		a	2317	2331	2345	2347	0002	0015














0640 Cycle restrictions apply. See notes for details

Saturdays

Cambridge North		d						
Cambridge		a						
Cambridge		d			2325			
Shelford		d			2330			
Whittlesford Parkway		d			2334			
Great Chesterford		d			2338			
Audley End		d			2344			
Newport (Essex)		d			2347			
Elsenham		d			2353			
Stansted Airport		a						
Stansted Airport		d	2330	2345			2359	0030
Stansted Mountfitchet		d			2357			
Bishop's Stortford		d	2339	2354	0003		0008	0039
Sawbridgeworth		d						
Harlow Mill		d						
Harlow Town		d		0002			0016	0047
Roydon		d						
Broxbourne		a						
Cheshunt		a						
Tottenham Hale		a	0003	0018				
Seven Sisters		a						
Stratford	DLR		a					
London Liverpool St		a	0017	0032			0052	0121














0640 Cycle restrictions apply. See notes for details

Sundays

Cambridge North		d											
Cambridge		a											
Cambridge		d											
Shelford		d											
Whittlesford Parkway		d											
Great Chesterford		d											
Audley End		d											
Newport (Essex)		d											
Elsenham		d											
Stansted Airport		a											
Stansted Airport		d	0530	0600	0630			0700	0715				
Stansted Mountfitchet		d											
Bishop's Stortford		d	0540	0609	0639	0643		0709				0725	
Sawbridgeworth		d				0648						0730	
Harlow Mill		d										0733	
Harlow Town		d	0548	0617	0647	0653		0717	0731			0736	
Roydon		d										0740	
Broxbourne		a				0659						0744	
Cheshunt		a				0703						0748	
Tottenham Hale		a	0606	0633	0703	0718		0733	0747			0757	
Seven Sisters		a											
Stratford	DLR		a									0808	
London Liverpool St		a	0622	0647	0717	0732		0747	0801				














0640 Cycle restrictions apply. See notes for details

Sundays

		◇		◇	
Cambridge North	 d				
Cambridge	 a				
Cambridge	 d		0731	0739	0750
Shelford	d				0755
Whittlesford Parkway	d		0739	0746	0800
Great Chesterford	d				0804
Audley End	d		0747	0755	0810
Newport (Essex)	d				0813
Elsenham	d				0818
Stansted Airport	 a			0809	
Stansted Airport	 d	0730	0745	0800	0815
Stansted Mountfitchet	d		0750		0822
Bishop's Stortford	 d	0739		0800	0809
Sawbridgeworth	d		0805		0832
Harlow Mill	d				0836
Harlow Town	 d		0802	0810	0831
Roydon	d				0842
Broxbourne	 a		0816		0846
Cheshunt	 a		0820		0851
Tottenham Hale	 a	0803	0818	0829	0832
Seven Sisters	 a				
Stratford	DLR  a	0826	0835	0856	0905
London Liverpool St	 a	0817	0832	0843	0846
					0901
					0914














0640 Cycle restrictions apply. See notes for details

Sundays

Cambridge North		d							
Cambridge		a							
Cambridge		d		0825	0832				0850
Shelford		d							0855
Whittlesford Parkway		d		0834	0839				0900
Great Chesterford		d							0904
Audley End		d		0843	0847				0910
Newport (Essex)		d							0913
Elsenham		d							0918
Stansted Airport		a			0905				
Stansted Airport		d	0830	0845			0900	0915	
Stansted Mountfitchet		d		0850					0923
Bishop's Stortford		d	0839			0901	0909		0928
Sawbridgeworth		d				0905			0933
Harlow Mill		d							0936
Harlow Town		d		0902		0910		0931	0939
Roydon		d							0943
Broxbourne		a				0916			0947
Cheshunt		a				0920			0951
Tottenham Hale		a	0903	0918		0929	0932	0947	1000
Seven Sisters		a							
Stratford	DLR		a	0926	0935		0956	1005	
London Liverpool St		a	0917	0932		0943	0946	1001	1014














0640 Cycle restrictions apply. See notes for details

Sundays

				XC			
				1	◇	◇	
Cambridge North	 d						
Cambridge	 a						
Cambridge	 d	0915		0925		0931	
Shelford	d						
Whittlesford Parkway	d			0934		0939	
Great Chesterford	d						
Audley End	d	0930		0943		0947	
Newport (Essex)	d						
Elsenham	d						
Stansted Airport	 a	0945		1005			
Stansted Airport	 d	0930	0945				
Stansted Mountfitchet	d	0950					
Bishop's Stortford	 d	0939		1000		1009	
Sawbridgeworth	d			1005			
Harlow Mill	d						
Harlow Town	 d	1002		1010		1031	
Roydon	d						
Broxbourne	 a			1016			
Cheshunt	 a			1020			
Tottenham Hale	 a	1003	1018	1029		1032	1047
Seven Sisters	 a						
Stratford	DLR  a	1026	1035				
London Liverpool St	 a	1017	1032	1043		1046	1101














0640 Cycle restrictions apply. See notes for details

Sundays

			◇		XC 1◇		◇
Cambridge North		d	0942			1016	1023
Cambridge		a	0947			1021	1028
Cambridge		d	0950		1015	1025	1031
Shelford		d	0955				
Whittlesford Parkway		d	1000			1034	1039
Great Chesterford		d	1004				
Audley End		d	1010		1030	1043	1047
Newport (Essex)		d	1013				
Elsenham		d	1018				
Stansted Airport		a			1045	1104	
Stansted Airport		d		1030	1045		1100
Stansted Mountfitchet		d	1023		1050		
Bishop's Stortford		d	1028	1039			1100 1109
Sawbridgeworth		d	1033				1105
Harlow Mill		d	1036				
Harlow Town		d	1039		1102		1110
Roydon		d	1043				
Broxbourne		a	1047				1116
Cheshunt		a	1051				1120
Tottenham Hale		a	1100	1103	1118		1129 1132
Seven Sisters		a					
Stratford	DLR		a		1126	1135	
London Liverpool St		a	1114	1117	1132		1143 1146














0640 Cycle restrictions apply. See notes for details

Sundays

			◇		XC 1◇		◇
Cambridge North		d	1042			1115	1123
Cambridge		a	1047			1120	1128
Cambridge		d	1050		1115	1125	1131
Shelford		d	1055				
Whittlesford Parkway		d	1100			1134	1139
Great Chesterford		d	1104				
Audley End		d	1110		1130	1143	1147
Newport (Essex)		d	1113				
Elsenham		d	1118				
Stansted Airport		a			1145	1204	
Stansted Airport		d	1115		1130	1145	
Stansted Mountfitchet		d	1122		1150		
Bishop's Stortford		d	1128	1139			1200
Sawbridgeworth		d	1132				1205
Harlow Mill		d	1136				
Harlow Town		d	1131	1139		1202	1210
Roydon		d	1142				
Broxbourne		a	1146				1216
Cheshunt		a	1151				1220
Tottenham Hale		a	1147	1200	1203	1218	1229
Seven Sisters		a					
Stratford	DLR		a	1205		1226	1235
London Liverpool St		a	1201	1214	1217	1232	1243














0640 Cycle restrictions apply. See notes for details

Sundays

				◇	XC 1◇	
Cambridge North		d		1142		1216
Cambridge		a		1147		1221
Cambridge		d		1150	1215	1225
Shelford		d		1155		
Whittlesford Parkway		d		1200		1234
Great Chesterford		d		1204		
Audley End		d		1210	1230	1243
Newport (Essex)		d		1213		
Elsenham		d		1218		
Stansted Airport		a			1245	1304
Stansted Airport		d	1200 1215		1230 1245	
Stansted Mountfitchet		d		1222		1250
Bishop's Stortford		d	1209	1228	1239	
Sawbridgeworth		d		1232		
Harlow Mill		d		1236		
Harlow Town		d	1231	1239		1302
Roydon		d		1242		
Broxbourne		a		1246		
Cheshunt		a		1251		
Tottenham Hale		a	1232 1247	1300	1303	1318
Seven Sisters		a				
Stratford	DLR		a	1256 1305		1326 1335
London Liverpool St		a	1246 1301	1314	1317	1332














0640 Cycle restrictions apply. See notes for details

Sundays

			◇		◇				XC 1◇
Cambridge North		d	1223		1242				
Cambridge		a	1228		1248				
Cambridge		d	1231		1250				1315
Shelford		d			1255				
Whittlesford Parkway		d	1239		1300				
Great Chesterford		d			1304				
Audley End		d	1247		1310				1330
Newport (Essex)		d			1313				
Elsenham		d			1318				
Stansted Airport		a							1345
Stansted Airport		d		1300	1315		1330	1345	
Stansted Mountfitchet		d			1322			1350	
Bishop's Stortford		d	1300	1309	1328	1339			
Sawbridgeworth		d	1305		1332				
Harlow Mill		d			1336				
Harlow Town		d	1310		1331	1339		1402	
Roydon		d			1342				
Broxbourne		a	1316		1346				
Cheshunt		a	1320		1351				
Tottenham Hale		a	1329	1332	1347	1400	1403	1418	
Seven Sisters		a							
Stratford	DLR		a		1356	1405		1426	1435
London Liverpool St		a	1343	1346	1401	1414	1417	1432	














0640 Cycle restrictions apply. See notes for details

Sundays

			◇		◇				
Cambridge North		d	1315	1323					1342
Cambridge		a	1320	1328					1347
Cambridge		d	1325	1331					1350
Shelford		d							1355
Whittlesford Parkway		d	1334	1339					1400
Great Chesterford		d							1404
Audley End		d	1343	1347					1410
Newport (Essex)		d							1413
Elsenham		d							1418
Stansted Airport		a	1404						
Stansted Airport		d			1400	1415			1430 1445
Stansted Mountfitchet		d						1422	1450
Bishop's Stortford		d	1400	1409				1428	1439
Sawbridgeworth		d	1405					1432	
Harlow Mill		d						1436	
Harlow Town		d	1410			1431		1439	1502
Roydon		d						1442	
Broxbourne		a	1416					1446	
Cheshunt		a	1420					1451	
Tottenham Hale		a	1429	1432	1447	1500	1503	1518	
Seven Sisters		a							
Stratford	DLR 	a			1456	1505		1526	1535
London Liverpool St		a	1443	1446	1501	1514	1517	1532	














0640 Cycle restrictions apply. See notes for details

Sundays

			XC 1◇	◇	◇			
Cambridge North		d	1415	1423				1442
Cambridge		a	1420	1428				1447
Cambridge		d	1415	1425	1431			1450
Shelford		d						1455
Whittlesford Parkway		d	1434	1439				1500
Great Chesterford		d						1504
Audley End		d	1443	1447				1510
Newport (Essex)		d						1513
Elsenham		d						1518
Stansted Airport		a	1445	1504				
Stansted Airport		d				1500	1515	1530
Stansted Mountfitchet		d						1522
Bishop's Stortford		d		1500	1509			1528
Sawbridgeworth		d		1505				1532
Harlow Mill		d						1536
Harlow Town		d		1510		1531		1539
Roydon		d						1542
Broxbourne		a		1516				1546
Cheshunt		a		1520				1551
Tottenham Hale		a		1529	1532	1547		1600
Seven Sisters		a						
Stratford	DLR 	a				1556	1605	1626
London Liverpool St		a		1543	1546	1601	1614	1617














0640 Cycle restrictions apply. See notes for details

Sundays

			XC					
			1	◇	◇	◇	◇	◇
Cambridge North		d		1515	1523			1542
Cambridge		a		1520	1528			1547
Cambridge		d	1515	1525	1531			1550
Shelford		d						1555
Whittlesford Parkway		d		1534	1539			1600
Great Chesterford		d						1604
Audley End		d		1543	1547			1610
Newport (Essex)		d						1613
Elsenham		d						1618
Stansted Airport		a		1545	1604			
Stansted Airport		d	1545			1600	1615	
Stansted Mountfitchet		d	1550					1622
Bishop's Stortford		d			1600	1609		1628
Sawbridgeworth		d			1605			1632
Harlow Mill		d						1636
Harlow Town		d	1602		1610		1631	1639
Roydon		d						1642
Broxbourne		a			1616			1646
Cheshunt		a			1620			1651
Tottenham Hale		a	1618		1629	1632	1647	1700
Seven Sisters		a						
Stratford	DLR		a	1635		1656	1705	
London Liverpool St		a	1632		1643	1646	1701	1714














0640 Cycle restrictions apply. See notes for details

Sundays

			XC			
			1	◇	◇	
Cambridge North		d		1616	1623	
Cambridge		a		1621	1629	
Cambridge		d	1615	1625	1631	
Shelford		d				
Whittlesford Parkway		d		1634	1639	
Great Chesterford		d				
Audley End		d		1643	1647	
Newport (Essex)		d				
Elsenham		d				
Stansted Airport		a		1645	1704	
Stansted Airport		d	1630	1645		1700 1715
Stansted Mountfitchet		d		1650		
Bishop's Stortford		d	1639		1700	1709
Sawbridgeworth		d			1705	
Harlow Mill		d				
Harlow Town		d		1702	1710	1731
Roydon		d				
Broxbourne		a			1716	
Cheshunt		a			1720	
Tottenham Hale		a	1703	1718	1729	1732 1747
Seven Sisters		a				
Stratford	DLR		a	1726	1735	1756 1805
London Liverpool St		a	1717	1732	1743	1746 1801














0640 Cycle restrictions apply. See notes for details

Sundays

			◇		XC 1◇		◇	
Cambridge North		d	1642			1715	1723	
Cambridge		a	1647			1720	1728	
Cambridge		d	1650		1715	1725	1731	
Shelford		d	1655					
Whittlesford Parkway		d	1700			1734	1739	
Great Chesterford		d	1704					
Audley End		d	1710			1743	1747	
Newport (Essex)		d	1713					
Elsenham		d	1718					
Stansted Airport		a			1745	1804		
Stansted Airport		d		1730	1745			1800
Stansted Mountfitchet		d	1722		1750			
Bishop's Stortford		d	1728	1739			1800	1809
Sawbridgeworth		d	1732				1805	
Harlow Mill		d	1736					
Harlow Town		d	1739		1802		1810	
Roydon		d	1742					
Broxbourne		a	1746				1816	
Cheshunt		a	1751				1820	
Tottenham Hale		a	1800	1803	1818		1829	1832
Seven Sisters		a						
Stratford	DLR		a		1826	1835		1856
London Liverpool St		a	1814	1817	1832		1843	1846














0640 Cycle restrictions apply. See notes for details

Sundays

			◇		XC 1◇	◇
Cambridge North	 d		1742		1815	1823
Cambridge	 a		1748		1820	1828
Cambridge	 d		1750		1815	1825
Shelford	d		1755			
Whittlesford Parkway	d		1800		1834	1839
Great Chesterford	d		1804			
Audley End	d		1810		1843	1847
Newport (Essex)	d		1813			
Elsenham	d		1818			
Stansted Airport	 a				1845	1904
Stansted Airport	 d	1815		1830	1845	
Stansted Mountfitchet	d		1822		1850	
Bishop's Stortford	 d		1828	1839		1900
Sawbridgeworth	d		1832			1905
Harlow Mill	d		1836			
Harlow Town	 d	1831	1839		1902	1910
Roydon	d		1842			
Broxbourne	 a		1846			1916
Cheshunt	 a		1851			1920
Tottenham Hale	 a	1847	1900	1903	1918	1929
Seven Sisters	 a					
Stratford	DLR  a	1905		1926	1935	
London Liverpool St	 a	1901	1914	1917	1932	1943














0640 Cycle restrictions apply. See notes for details

Sundays

				◇	XC 1◇	
Cambridge North		d		1842		1915
Cambridge		a		1847		1920
Cambridge		d		1850	1915	1925
Shelford		d		1855		
Whittlesford Parkway		d		1900		1934
Great Chesterford		d		1904		
Audley End		d		1910		1943
Newport (Essex)		d		1913		
Elsenham		d		1918		
Stansted Airport		a			1945	2004
Stansted Airport		d	1900	1915	1930	1945
Stansted Mountfitchet		d		1922		1950
Bishop's Stortford		d	1909	1928	1939	
Sawbridgeworth		d		1932		
Harlow Mill		d		1936		
Harlow Town		d	1931	1939		2002
Roydon		d		1942		
Broxbourne		a		1946		
Cheshunt		a		1951		
Tottenham Hale		a	1932	1947	2000	2003
Seven Sisters		a				
Stratford	DLR		a	1956	2005	2026
London Liverpool St		a	1946	2001	2014	2017
						2032














0640 Cycle restrictions apply. See notes for details

Sundays

			◇		◇				XC 1◇
Cambridge North		d	1923						
Cambridge		a	1928						
Cambridge		d	1931						2015
Shelford		d							
Whittlesford Parkway		d	1939						
Great Chesterford		d							
Audley End		d	1947						
Newport (Essex)		d							
Elsenham		d							
Stansted Airport		a							2045
Stansted Airport		d		2000	2015			2030	2045
Stansted Mountfitchet		d						2022	2050
Bishop's Stortford		d	2000	2009				2028	2039
Sawbridgeworth		d	2005					2032	
Harlow Mill		d						2036	
Harlow Town		d	2010		2031			2039	2102
Roydon		d						2042	
Broxbourne		a	2016					2046	
Cheshunt		a	2020					2051	
Tottenham Hale		a	2029	2032	2047			2100	2103
Seven Sisters		a							
Stratford	DLR		a		2056	2105			2126
London Liverpool St		a	2043	2046	2101	2114		2117	2132














0640 Cycle restrictions apply. See notes for details

Sundays

			◇			◇			
Cambridge North		d	2015	2023					2042
Cambridge		a	2020	2028					2047
Cambridge		d	2025	2031					2050
Shelford		d							2055
Whittlesford Parkway		d	2034	2039					2100
Great Chesterford		d							2104
Audley End		d	2043	2047					2110
Newport (Essex)		d							2113
Elsenham		d							2118
Stansted Airport		a	2104						
Stansted Airport		d			2100	2115			2130 2145
Stansted Mountfitchet		d						2122	2150
Bishop's Stortford		d	2100	2109				2128	2139
Sawbridgeworth		d	2105					2132	
Harlow Mill		d						2136	
Harlow Town		d	2110			2131		2139	2202
Roydon		d						2142	
Broxbourne		a	2116					2146	
Cheshunt		a	2120					2151	
Tottenham Hale		a	2129	2132	2147			2200	2203 2218
Seven Sisters		a							
Stratford	DLR 	a			2156	2205			2226 2235
London Liverpool St		a	2143	2146	2201	2214		2217	2232

0640 Cycle restrictions apply. See notes for details














Sundays

			XC					
			1◇		◇			
Cambridge North		d		2115	2123			2142
Cambridge		a		2120	2128			2148
Cambridge		d	2115	2125	2131			2150
Shelford		d						2155
Whittlesford Parkway		d		2134	2139			2200
Great Chesterford		d						2204
Audley End		d		2143	2147			2210
Newport (Essex)		d						2213
Elsenham		d						2218
Stansted Airport		a	2145	2204				
Stansted Airport		d				2200	2215	2230
Stansted Mountfitchet		d						2222
Bishop's Stortford		d		2200	2209			2228 2239
Sawbridgeworth		d		2205				2232
Harlow Mill		d						2236
Harlow Town		d		2210		2231		2239
Roydon		d						2242
Broxbourne		a		2216				2246
Cheshunt		a		2220				2251
Tottenham Hale		a		2229	2232	2247		2300 2303
Seven Sisters		a						
Stratford	DLR 	a				2305		2311 2326
London Liverpool St		a		2243	2246	2301		2317

0640 Cycle restrictions apply. See notes for details














Sundays

XC
1 ◊ ◊

Cambridge North		d								2242
Cambridge		a								2248
Cambridge		d	2215	2231						2250
Shelford		d								2255
Whittlesford Parkway		d		2239						2300
Great Chesterford		d								2304
Audley End		d		2247						2310
Newport (Essex)		d								2313
Elsenham		d								2318
Stansted Airport		a	2245							
Stansted Airport		d	2245			2300	2315			2330
Stansted Mountfitchet		d	2250							2322
Bishop's Stortford		d		2300	2309					2328 2339
Sawbridgeworth		d		2305						
Harlow Mill		d								
Harlow Town		d	2302	2310			2331			2347
Roydon		d								
Broxbourne		a		2316						
Cheshunt		a		2320						
Tottenham Hale		a	2318	2329	2332	2347				
Seven Sisters		a								0008
Stratford	DLR		a							
London Liverpool St		a	2332	2343	2346	0001				0022















0640 Cycle restrictions apply. See notes for details

Sundays

Cambridge North		d			
Cambridge		a			
Cambridge		d			
Shelford		d			
Whittlesford Parkway		d			
Great Chesterford		d			
Audley End		d			
Newport (Essex)		d			
Elsenham		d			
Stansted Airport		a			
Stansted Airport		d	2345	2359	0030
Stansted Mountfitchet		d			
Bishop's Stortford		d		0008	0039
Sawbridgeworth		d			
Harlow Mill		d			
Harlow Town		d	0002	0017	0047
Roydon		d			
Broxbourne		a			
Cheshunt		a			
Tottenham Hale		a			
Seven Sisters		a	0020		
Stratford	DLR 	a			
London Liverpool St		a	0036	0052	0121

















0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

		MFO	MFO	XC A 	TWX	TWO		
London Liverpool St	 d	0340	0410		0440	0440	0510	
Stratford	DLR  d							
Seven Sisters	 d							
Tottenham Hale	 d				0452	0459	0523	
Cheshunt	 d				0501	0507		
Broxbourne	 d				0506	0512		
Roydon	d							
Harlow Town	 d				0512	0518	0539	
Harlow Mill	d							
Sawbridgeworth	d						0544	
Bishop's Stortford	 d				0522	0528	0550	0559
Stansted Mountfitchet	d				0526	0532		0603
Stansted Airport	 a	0430	0500		0539	0539	0600	
Stansted Airport	 d			0527				
Elsenham	d							0607
Newport (Essex)	d							0613
Audley End	d							0616
Great Chesterford	d							0622
Whittlesford Parkway	d							0626
Shelford	d							0631
Cambridge	 a			0555				0641
Cambridge	 d							
Cambridge North	 a							








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			XC A 					
London Liverpool St	 d		0525	0528	0540	0555	0558	0610
Stratford	DLR  d					0552		0603
Seven Sisters	 d							
Tottenham Hale	 d		0538	0541	0552	0607	0610	0622
Cheshunt	 d			0548			0618	
Broxbourne	 d			0553			0625	
Roydon	d			0557			0629	
Harlow Town	 d		0554	0601		0627	0633	
Harlow Mill	d			0604			0636	
Sawbridgeworth	d			0608			0639	
Bishop's Stortford	 d		0603	0614	0618	0636	0646	0650
Stansted Mountfitchet	d			0618	0623	0640	0650	
Stansted Airport	 a		0613		0630	0647		0659
Stansted Airport	 d	0612						
Elsenham	d			0622			0653	
Newport (Essex)	d			0627			0659	
Audley End	d			0630			0703	
Great Chesterford	d			0635			0708	
Whittlesford Parkway	d			0639			0713	
Shelford	d			0644			0717	
Cambridge	 a	0644		0653			0724	
Cambridge	 d							
Cambridge North	 a							








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

		XC							
		A	□	□	□	□	□	□	□
London Liverpool St	⊖ d	0625		0628	0640			0655	0658
Stratford	DLR ⊖ d				0636			0644	
Seven Sisters	⊖ d								
Tottenham Hale	⊖ d	0637		0640	0652			0707	0710
Cheshunt	 d			0648		←			0718
Broxbourne	 d			0653		0653			0723
Roydon	d			→		0657			0727
Harlow Town	 d	0654			0710	0714	0723		0731
Harlow Mill	d					0717			0734
Sawbridgeworth	d					0720			0737
Bishop's Stortford	 d				0720	0728			0746
Stansted Mountfitchet	d					0732	0735		0750
Stansted Airport	↔ a	0711			0730			0742	
Stansted Airport	↔ d		0721						
Elsenham	d					0735			0753
Newport (Essex)	d					0741			0759
Audley End	d		0741			0745			0803
Great Chesterford	d					0750			0808
Whittlesford Parkway	d					0755			0813
Shelford	d					0800			0817
Cambridge	 a		0756			0808			0827
Cambridge	 d								
Cambridge North	 a								








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

						XC	
						◇ A ◇	
London Liverpool St	⊖ d		0710		0723	0728	
Stratford	DLR ⊖ d	0704			0717		0734
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	0717	0722		0737	0740	0747
Cheshunt	 d	0729		←		0748	0759
Broxbourne	 d	0739		0739		0753	0809
Roydon	d	↘		0743		0757	↘
Harlow Town	 d			0748	0756	0801	
Harlow Mill	d			0751		0804	
Sawbridgeworth	d			0754		0807	
Bishop's Stortford	 d		0750	0801		0816	
Stansted Mountfitchet	d					0820	
Stansted Airport	↔ a		0759		0813		
Stansted Airport	↔ d						0826
Elsenham	d					0823	
Newport (Essex)	d					0829	
Audley End	d					0832	
Great Chesterford	d					0837	
Whittlesford Parkway	d					0842	
Shelford	d					0846	
Cambridge	 a					0853	0858
Cambridge	 d					0855	
Cambridge North	 a					0900	








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

					◇	◇	◇
London Liverpool St	⊖ d	0740		0755	0758	0803	
Stratford	DLR ⊖ d			0747			0804
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	0752		0807	0810	0815	0818
Cheshunt	 d		←		0818		← 0830
Broxbourne	 d		0809		0823		0823 0839
Roydon	d		0813		→		→
Harlow Town	 d		0818	0826			0835
Harlow Mill	d		0821				
Sawbridgeworth	d		0824				0840
Bishop's Stortford	 d	0820	0831				0847
Stansted Mountfitchet	d			0837			0851
Stansted Airport	← a	0830		0845			
Stansted Airport	← d						
Elsenham	d						0854
Newport (Essex)	d						0900
Audley End	d					0853	0903
Great Chesterford	d						0908
Whittlesford Parkway	d						0913
Shelford	d						0917
Cambridge	 a					0908	0927
Cambridge	 d						0928
Cambridge North	 a						0933








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

					◇	◇	◇	XC A1◇
London Liverpool St	⊖ d	0810			0825	0828	0833	
Stratford	DLR ⊖ d				<i>0817</i>			
Seven Sisters	⊖ d							
Tottenham Hale	⊖ d	0822			0837	0840	0845	
Cheshunt	 d		←			0848		←
Broxbourne	 d		0839			0853		0853
Roydon	d		0843			→		0857
Harlow Town	 d		0848	0856				0905
Harlow Mill	d		0851					
Sawbridgeworth	d		0854					0910
Bishop's Stortford	 d	0851	0902					0917
Stansted Mountfitchet	d							0921
Stansted Airport	← a	0900			0914			
Stansted Airport	← d							0921
Elsenham	d						0924	
Newport (Essex)	d						0930	
Audley End	d					0923	0933	
Great Chesterford	d						0938	
Whittlesford Parkway	d						0942	
Shelford	d						0947	
Cambridge	 a						0938	0953 0956
Cambridge	 d						0954	
Cambridge North	 a						0959	








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

						◇			
London Liverpool St	⊖ d		0840			0855	0858		0910
Stratford	DLR ⊖ d	0834				<i>0847</i>		0900	
Seven Sisters	⊖ d								
Tottenham Hale	⊖ d	0848	0852			0907	0910	0914	0922
Cheshunt	 d	0900		←			0918	0926	
Broxbourne	 d	0909		0909			0923	0934	
Roydon	d	→		0913				→	
Harlow Town	 d			0918	0926	0930			
Harlow Mill	d			0921					
Sawbridgeworth	d			0924					
Bishop's Stortford	 d		0921	0932			0939		0945
Stansted Mountfitchet	d					0939			
Stansted Airport	↔ a		0930			0946			0955
Stansted Airport	↔ d								
Elsenham	d								
Newport (Essex)	d								
Audley End	d						0951		
Great Chesterford	d								
Whittlesford Parkway	d						0958		
Shelford	d								
Cambridge	 a						1008		
Cambridge	 d						1017		
Cambridge North	 a						1022		








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

				◇		XC A□◇	
London Liverpool St	⊖ d		0925	0928			0940
Stratford	DLR ⊖ d		<i>0917</i>		0930		
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d		0937	0940	0944		0952
Cheshunt	 d ←			0948	0955		←
Broxbourne	 d	0934		0953	1004		1004
Roydon	d	0939		0957	→		
Harlow Town	 d	0943	0954	1001			1011
Harlow Mill	d	0946		1004			
Sawbridgeworth	d	0949		1007			1016
Bishop's Stortford	 d	0956		1014			1018 1022
Stansted Mountfitchet	d			1018			
Stansted Airport	← a		1011				1027
Stansted Airport	← d				1027		
Elsenham	d			1021			
Newport (Essex)	d			1027			
Audley End	d			1030			
Great Chesterford	d			1035			
Whittlesford Parkway	d			1039			
Shelford	d			1044			
Cambridge	 a			1051		1056	
Cambridge	 d			1053			
Cambridge North	 a			1058			








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

		◇	B			
London Liverpool St	⊖ d	0955	0958		1010	1025
Stratford	DLR ⊖ d	0947		1000		1016
Seven Sisters	⊖ d					
Tottenham Hale	⊖ d	1007	1010	1013	1022	1037
Cheshunt	 d		1018	1025		←
Broxbourne	 d		1023	1034		1034
Roydon	d			↳		1039
Harlow Town	 d	1024	1029			1043 1054
Harlow Mill	d					1046
Sawbridgeworth	d					1049
Bishop's Stortford	 d		1038		1045 1056	
Stansted Mountfitchet	d	1037				
Stansted Airport	↔ a	1044			1057	1111
Stansted Airport	↔ d		1048			
Elsenham	d					
Newport (Essex)	d					
Audley End	d		1050 1102			
Great Chesterford	d					
Whittlesford Parkway	d		1058 1109			
Shelford	d					
Cambridge	 a		1108 1120			
Cambridge	 d		1113 1121			
Cambridge North	 a		1118 1125			








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			◇				◇	B
London Liverpool St	⊖ d	1028		1040			1055	1058
Stratford	DLR ⊖ d		1030				1046	
Seven Sisters	⊖ d							
Tottenham Hale	⊖ d	1040	1043	1052			1107	1110
Cheshunt	 d	1048	1052		←			1118
Broxbourne	 d	1053	1059		1059			1123
Roydon	d	1057	↪					
Harlow Town	 d	1101			1111	1124		1129
Harlow Mill	d	1104						
Sawbridgeworth	d	1107			1116			
Bishop's Stortford	 d	1114		1118	1122			1138
Stansted Mountfitchet	d	1118				1136		
Stansted Airport	↔ a			1127		1144		
Stansted Airport	↔ d							1148
Elsenham	d	1121						
Newport (Essex)	d	1127						
Audley End	d	1130					1150	1202
Great Chesterford	d	1135						
Whittlesford Parkway	d	1139					1158	1209
Shelford	d	1144						
Cambridge	 a	1153					1208	1219
Cambridge	 d	1153					1213	1220
Cambridge North	 a	1159					1218	1224








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

								XC ◇ A □ ◇	
London Liverpool St	⊖ d		1110			1125	1128		
Stratford	DLR ⊖ d	1100				<i>1116</i>			1130
Seven Sisters	⊖ d								
Tottenham Hale	⊖ d	1113	1122			1137	1140		1143
Cheshunt	 d	1125		←			1148		1152
Broxbourne	 d	1134		1134			1153		1159
Roydon	d	↪		1139			1157		↪
Harlow Town	 d			1143	1154		1201		
Harlow Mill	d			1146			1204		
Sawbridgeworth	d			1149			1207		
Bishop's Stortford	 d		1145	1156			1214		
Stansted Mountfitchet	d						1218		
Stansted Airport	↖ a		1157			1211			
Stansted Airport	↖ d							1227	
Elsenham	d						1221		
Newport (Essex)	d						1227		
Audley End	d						1230		
Great Chesterford	d						1235		
Whittlesford Parkway	d						1239		
Shelford	d						1244		
Cambridge	 a						1251	1256	
Cambridge	 d						1253		
Cambridge North	 a						1258		








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

				◇		B	
London Liverpool St	⊖ d	1140		1155	1158		1210
Stratford	DLR ⊖ d			<i>1146</i>		1200	
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	1152		1207	1210	1213	1222
Cheshunt	 d		←		1218	1225	
Broxbourne	 d		1159		1223	1234	
Roydon	d					↘	
Harlow Town	 d		1211	1224	1229		
Harlow Mill	d						
Sawbridgeworth	d		1216				
Bishop's Stortford	 d	1218	1222		1238		1245
Stansted Mountfitchet	d			1236			
Stansted Airport	↔ a	1227		1244			1257
Stansted Airport	↔ d				1248		
Elsenham	d						
Newport (Essex)	d						
Audley End	d				1250	1302	
Great Chesterford	d						
Whittlesford Parkway	d				1258	1309	
Shelford	d						
Cambridge	 a				1308	1319	
Cambridge	 d				1313	1320	
Cambridge North	 a				1318	1324	








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

		◇							
London Liverpool St	⊖ d	1225	1228		1240			1255	
Stratford	DLR ⊖ d	1216		1230				1246	
Seven Sisters	⊖ d								
Tottenham Hale	⊖ d	1237	1240	1243	1252			1307	
Cheshunt	 d ←		1248	1252			←		
Broxbourne	 d 1234		1253	1259			1259		
Roydon	d 1239		1257	→					
Harlow Town	 d 1243	1254	1301				1311	1324	
Harlow Mill	d 1246		1304						
Sawbridgeworth	d 1249		1307				1316		
Bishop's Stortford	 d 1256		1314		1318	1322			
Stansted Mountfitchet	d		1318					1336	
Stansted Airport	← a	1311			1327			1344	
Stansted Airport	← d								
Elsenham	d		1321						
Newport (Essex)	d		1327						
Audley End	d		1330						
Great Chesterford	d		1335						
Whittlesford Parkway	d		1339						
Shelford	d		1344						
Cambridge	 a		1351						
Cambridge	 d		1353						
Cambridge North	 a		1358						


















0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			◇	B		◇
London Liverpool St	⊖ d	1258			1310	1325 1328
Stratford	DLR ⊖ d			1300		<i>1316</i>
Seven Sisters	⊖ d					
Tottenham Hale	⊖ d	1310		1313	1322	1337 1341
Cheshunt	 d	1318		1325		1348
Broxbourne	 d	1323		1334		1353
Roydon	d					1357
Harlow Town	 d	1329				1401
Harlow Mill	d					1404
Sawbridgeworth	d					1408
Bishop's Stortford	 d	1338				1414
Stansted Mountfitchet	d					1418
Stansted Airport	↖ a				1357	1411
Stansted Airport	↖ d			1348		
Elsenham	d					1422
Newport (Essex)	d					1427
Audley End	d	1350		1402		1430
Great Chesterford	d					1435
Whittlesford Parkway	d	1358		1409		1439
Shelford	d					1444
Cambridge	 a	1408		1419		1451
Cambridge	 d	1413		1420		1453
Cambridge North	 a	1418		1424		1458








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			XC A 				B
London Liverpool St	 d			1340		1355	1358
Stratford	DLR  d	1330				<i>1346</i>	
Seven Sisters	 d						
Tottenham Hale	 d	1344	1352			1407	1410
Cheshunt	 d	1353					1418
Broxbourne	 d	1359			1359		1423
Roydon	d						
Harlow Town	 d				1411	1425	1429
Harlow Mill	d						
Sawbridgeworth	d				1416		
Bishop's Stortford	 d			1418	1422		1438
Stansted Mountfitchet	d					1437	
Stansted Airport	 a			1431		1444	
Stansted Airport	 d	1427					1448
Elsenham	d						
Newport (Essex)	d						
Audley End	d					1450	1502
Great Chesterford	d						
Whittlesford Parkway	d					1458	1509
Shelford	d						
Cambridge	 a	1457				1508	1519
Cambridge	 d					1513	1520
Cambridge North	 a					1518	1524








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

						◇			
London Liverpool St	⊖ d		1410		1425	1428			1440
Stratford	DLR ⊖ d	1400			<i>1416</i>			1430	
Seven Sisters	⊖ d								
Tottenham Hale	⊖ d	1413	1422		1437	1440	1443	1452	
Cheshunt	 d	1425		←		1448	1452		
Broxbourne	 d	1434		1434		1453	1459		
Roydon	d	↪		1439		1457			
Harlow Town	 d			1443	1454	1501	1505		
Harlow Mill	d			1446		1504			
Sawbridgeworth	d			1449		1507	1510		
Bishop's Stortford	 d		1445	1456		1514	1517	1522	
Stansted Mountfitchet	d					1518			
Stansted Airport	↔ a		1457		1511				1531
Stansted Airport	↔ d								
Elsenham	d					1521			
Newport (Essex)	d					1527			
Audley End	d					1530			
Great Chesterford	d					1535			
Whittlesford Parkway	d					1539			
Shelford	d					1544			
Cambridge	 a					1551			
Cambridge	 d					1553			
Cambridge North	 a					1558			













0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			B	◇				
London Liverpool St	⊖	d	1455	1458		1510		1525
Stratford	DLR ⊖	d	1446		1500			1516
Seven Sisters	⊖	d						
Tottenham Hale	⊖	d	1507	1510	1513	1522		1537
Cheshunt		d		1518	1525		←	
Broxbourne		d		1523	1534		1534	
Roydon		d		1527	→		1539	
Harlow Town		d	1524	1531		1538	1543	1554
Harlow Mill		d		1534			1546	
Sawbridgeworth		d		1537			1549	
Bishop's Stortford		d		1544		1550	1556	
Stansted Mountfitchet		d	1536	1548				
Stansted Airport	↔	a	1544			1600		1611
Stansted Airport	↔	d	1537					
Elsenham		d		1552				
Newport (Essex)		d		1558				
Audley End		d	1555	1602				
Great Chesterford		d		1607				
Whittlesford Parkway		d	1603	1612				
Shelford		d		1617				
Cambridge		a	1614	1626				
Cambridge		d	1616	1628				
Cambridge North		a	1620	1633				

0640 Cycle restrictions apply. See notes for details








Mondays to Fridays

			◇	XC A  ◇				C ◇
London Liverpool St	 d	1528			1540			1555 1558
Stratford	DLR  d			1530				1546
Seven Sisters	 d							
Tottenham Hale	 d	1540		1543	1552			1607 1610
Cheshunt	 d	1548		1552		←		1618
Broxbourne	 d	1553		1559		1559		1623
Roydon	d	1557		→				1627
Harlow Town	 d	1601				1611	1624	1631
Harlow Mill	d	1604						1634
Sawbridgeworth	d	1607				1616		1637
Bishop's Stortford	 d	1614			1618	1622		1644
Stansted Mountfitchet	d	1618					1636	1648
Stansted Airport	← a				1627		1644	
Stansted Airport	← d			1627				
Elsenham	d	1621						1651
Newport (Essex)	d	1627						1657
Audley End	d	1630						1700
Great Chesterford	d	1635						1705
Whittlesford Parkway	d	1639						1709
Shelford	d	1644						1713
Cambridge	 a	1651	1656					1721
Cambridge	 d	1653						1722
Cambridge North	 a	1658						1726

0640 Cycle restrictions apply. See notes for details








Mondays to Fridays

B

London Liverpool St	⊖ d		1610		1625	1628	1640
Stratford	DLR ⊖ d	1600			1616		1630
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	1613	1622		1637	1640	1652
Cheshunt	 d	1626		←		1648	1700
Broxbourne	 d	1635		1635		1653	
Roydon	d	↳		1639			
Harlow Town	 d		1639	1643	1654	1700	1711
Harlow Mill	d			1646			
Sawbridgeworth	d			1650		1705	
Bishop's Stortford	 d		1650	1656	1703	1712	1720
Stansted Mountfitchet	d					1716	
Stansted Airport	↔ a		1700		1713		1730
Stansted Airport	↔ d	1648					
Elsenham	d						
Newport (Essex)	d						
Audley End	d	1705				1725	
Great Chesterford	d						
Whittlesford Parkway	d	1714				1733	
Shelford	d						
Cambridge	 a	1727				1742	
Cambridge	 d	1729					
Cambridge North	 a	1733					

0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			◇		C	B	
London Liverpool St	⊖ d	1643		1654	1707		1710
Stratford	DLR ⊖ d		1647		1700		
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	1655	1658	1706	1719		1722
Cheshunt	 d		1712				1730
Broxbourne	 d	1709	1722		1731		←
Roydon	d	1713	1726				1726
Harlow Town	 d	1718	↘	1725			1741 1744
Harlow Mill	d	1721					1747
Sawbridgeworth	d	1724					1750
Bishop's Stortford	 d	1731		1735	1745		1757
Stansted Mountfitchet	d	1735					1753
Stansted Airport	↔ a			1745			1800
Stansted Airport	↔ d					1751	
Elsenham	d	1738					
Newport (Essex)	d	1744					
Audley End	d	1747			1757	1807	
Great Chesterford	d	1752					
Whittlesford Parkway	d	1756			1804	1815	
Shelford	d	1801					
Cambridge	 a	1808			1814	1826	
Cambridge	 d					1830	
Cambridge North	 a					1834	








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			◇	◇	XC A	◇	◇	◇
London Liverpool St	⊖	d	1713	1724	1737		1740	1743
Stratford	DLR ⊖	d		1717				1747
Seven Sisters	⊖	d						
Tottenham Hale	⊖	d	1725	1736	1749		1752	1755 1758
Cheshunt		d		1746			1800	1812
Broxbourne		d	1739		1801			1809 1822
Roydon		d	1743					1813 1826
Harlow Town		d	1748	1756			1811	1818 ↪
Harlow Mill		d	1751					1821
Sawbridgeworth		d	1754				1816	1824
Bishop's Stortford		d	1801	1806	1815			1831
Stansted Mountfitchet		d	1805					1835
Stansted Airport	↔	a		1815			1830	
Stansted Airport	↔	d			1821			
Elsenham		d	1808					1838
Newport (Essex)		d	1814					1844
Audley End		d	1817		1827			1847
Great Chesterford		d	1822					1852
Whittlesford Parkway		d	1826		1834			1856
Shelford		d	1831					1901
Cambridge		a	1838		1844 1856			1907
Cambridge		d			1850			
Cambridge North		a			1855			








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

		C			◇			
London Liverpool St	⊖ d	1754	1807	1810		1813	1824	1837
Stratford	DLR ⊖ d		1800			1817		
Seven Sisters	⊖ d							
Tottenham Hale	⊖ d	1806	1819	1822		1825	1836	1849
Cheshunt	 d			1830			1846	
Broxbourne	 d		1831		←	1839		1901
Roydon	d				1826	1843		
Harlow Town	 d	1825		1841	1844	1848	1856	
Harlow Mill	d				1847	1851		
Sawbridgeworth	d				1850	1854		
Bishop's Stortford	 d	1835	1845		1857	1901	1906	1915
Stansted Mountfitchet	d			1853		1905		
Stansted Airport	↔ a	1844		1900			1915	
Stansted Airport	↔ d							
Elsenham	d					1908		
Newport (Essex)	d					1914		
Audley End	d		1857			1917		1927
Great Chesterford	d					1922		
Whittlesford Parkway	d		1904			1926		1934
Shelford	d					1931		
Cambridge	 a		1914			1937		1946
Cambridge	 d							1955
Cambridge North	 a							2000








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

		◇			C◇		
London Liverpool St	⊖ d	1840	1843		1854	1907	1910
Stratford	DLR ⊖ d			1847		1900	
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	1852	1855	1858	1906	1919	1922
Cheshunt	 d	1900		1912			1930
Broxbourne	 d		1909	1922		1931	←
Roydon	d		1913	1926			1926
Harlow Town	 d	1911	1918	↘	1925		1941 1944
Harlow Mill	d		1921				1947
Sawbridgeworth	d	1916	1924				1950
Bishop's Stortford	 d		1931		1935	1945	1957
Stansted Mountfitchet	d		1935				1953
Stansted Airport	↔ a	1930			1945		2000
Stansted Airport	↔ d						
Elsenham	d		1938			1951	
Newport (Essex)	d		1944			1956	
Audley End	d		1947			1959	
Great Chesterford	d		1952			2004	
Whittlesford Parkway	d		1956			2008	
Shelford	d		2001			2013	
Cambridge	 a		2008			2022	
Cambridge	 d					2024	
Cambridge North	 a					2029	








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

		◇		XC		A		◇	
London Liverpool St	⊖ d	1925	1928		1940			1955	
Stratford	DLR ⊖ d				1930			1946	
Seven Sisters	⊖ d								
Tottenham Hale	⊖ d	1937	1940		1943	1952			2007
Cheshunt	 d		1948		1956			←	
Broxbourne	 d		1953		2005			2005	
Roydon	d		1957		→			2009	
Harlow Town	 d	1954	2001					2013	2024
Harlow Mill	d		2004					2016	
Sawbridgeworth	d		2007					2020	
Bishop's Stortford	 d	2003	2014			2018	2026		
Stansted Mountfitchet	d		2018						2036
Stansted Airport	← a	2013				2027			2044
Stansted Airport	← d				2027				
Elsenham	d		2021						
Newport (Essex)	d		2027						
Audley End	d		2030						
Great Chesterford	d		2035						
Whittlesford Parkway	d		2039						
Shelford	d		2044						
Cambridge	 a		2051	2056					
Cambridge	 d		2053						
Cambridge North	 a		2058						








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			◇				◇		
London Liverpool St	⊖ d	1958		2010			2025	2028	
Stratford	DLR ⊖ d	2000					2016		2030
Seven Sisters	⊖ d								
Tottenham Hale	⊖ d	2010	2013	2022			2037	2040	2043
Cheshunt	 d	2018	2025			←		2048	2052
Broxbourne	 d	2023	2034			2034		2053	2058
Roydon	d		↘			2039		2057	↘
Harlow Town	 d	2029				2043	2054	2101	
Harlow Mill	d					2046		2104	
Sawbridgeworth	d	2034				2049		2107	
Bishop's Stortford	 d	2040		2045	2056			2114	
Stansted Mountfitchet	d							2118	
Stansted Airport	↔ a			2057			2111		
Stansted Airport	↔ d								
Elsenham	d							2121	
Newport (Essex)	d							2127	
Audley End	d	2052						2130	
Great Chesterford	d							2135	
Whittlesford Parkway	d	2059						2139	
Shelford	d							2144	
Cambridge	 a	2111						2151	
Cambridge	 d	2113						2153	
Cambridge North	 a	2118						2158	








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

		◇									
London Liverpool St	⊖ d	2040			2055	2058			2110		
Stratford	DLR ⊖ d				2046			2100			
Seven Sisters	⊖ d										
Tottenham Hale	⊖ d	2052			2107	2110	2113	2122			
Cheshunt	 d			←		2118	2125				←
Broxbourne	 d		2058			2123	2134				2134
Roydon	d							→			2139
Harlow Town	 d		2111	2124	2129						2143
Harlow Mill	d										2146
Sawbridgeworth	d		2116			2134					2149
Bishop's Stortford	 d	2118	2122			2140			2145	2156	
Stansted Mountfitchet	d				2136						
Stansted Airport	↔ a	2127			2144				2157		
Stansted Airport	↔ d										
Elsenham	d										
Newport (Essex)	d										
Audley End	d					2152					
Great Chesterford	d										
Whittlesford Parkway	d					2159					
Shelford	d										
Cambridge	 a					2208					
Cambridge	 d					2213					
Cambridge North	 a					2218					








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			B	◇	B	XC 1◇
London Liverpool St	⊖ d		2125	2128		2140
Stratford	DLR ⊖ d		2116			2130
Seven Sisters	⊖ d					
Tottenham Hale	⊖ d		2137	2140		2145 2152
Cheshunt	 d			2148		2154
Broxbourne	 d			2153		2159
Roydon	d			2157		↳
Harlow Town	 d		2154	2201		
Harlow Mill	d			2204		
Sawbridgeworth	d			2207		
Bishop's Stortford	 d			2214		2218
Stansted Mountfitchet	d			2218		
Stansted Airport	↔ a		2214			2227
Stansted Airport	↔ d	2210				2227
Elsenham	d			2221		
Newport (Essex)	d			2227		
Audley End	d	2223		2230		2241
Great Chesterford	d			2235		
Whittlesford Parkway	d	2231		2239		
Shelford	d			2244		←
Cambridge	 a	2245		2250	2245	2256
Cambridge	 d	↳		2253	2257	
Cambridge North	 a			2258	2301	








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

				◇		XC 1◇	
London Liverpool St	⊖ d		2155	2158			2210
Stratford	DLR ⊖ d		2146		2200		
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d		2207	2210	2213		2222
Cheshunt	 d ←			2218	2225		←
Broxbourne	 d	2159		2223	2234		2234
Roydon	d				↳		2239
Harlow Town	 d	2211	2224	2229			2243
Harlow Mill	d						2246
Sawbridgeworth	d	2216		2234			2249
Bishop's Stortford	 d	2222		2240			2245 2256
Stansted Mountfitchet	d		2236				
Stansted Airport	↔ a		2244				2257
Stansted Airport	↔ d				2257		
Elsenham	d						
Newport (Essex)	d						
Audley End	d			2252		2310	
Great Chesterford	d						
Whittlesford Parkway	d			2259			
Shelford	d						
Cambridge	 a			2309		2326	
Cambridge	 d						
Cambridge North	 a						








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			◇			◇		
London Liverpool St	⊖ d	2225	2228		2240		2255	2258
Stratford	DLR ⊖ d	2216		2230			2246	
Seven Sisters	⊖ d							
Tottenham Hale	⊖ d	2237	2240	2243	2252		2307	2310
Cheshunt	 d		2248	2252		←		2318
Broxbourne	 d		2253	2258		2258		2323
Roydon	d		2257	→				
Harlow Town	 d	2254	2301			2311	2324	2329
Harlow Mill	d		2304					
Sawbridgeworth	d		2307			2316		2334
Bishop's Stortford	 d		2314		2318	2322		2340
Stansted Mountfitchet	d		2318				2336	
Stansted Airport	↔ a	2311			2331		2343	
Stansted Airport	↔ d							
Elsenham	d		2321					
Newport (Essex)	d		2327					
Audley End	d		2330					2352
Great Chesterford	d		2335					
Whittlesford Parkway	d		2339					2359
Shelford	d		2344					
Cambridge	 a		2350					0009
Cambridge	 d		2353					
Cambridge North	 a		2358					













0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

				◇	FX	FO
London Liverpool St	⊖ d		2325	2328	2358	2358
Stratford	DLR ⊖ d	2300				
Seven Sisters	⊖ d					
Tottenham Hale	⊖ d	2313	2337	2340	0010	0010
Cheshunt	 d	2325		2348	0018	0018
Broxbourne	 d	2330		2353	0023	0023
Roydon	d	2334		2357	0027	0027
Harlow Town	 d	2338	2354	0001	0032	0032
Harlow Mill	d	2341		0004	0035	0035
Sawbridgeworth	d	2345		0007	0038	0038
Bishop's Stortford	 d	2351	0003	0014	0045	0045
Stansted Mountfitchet	d			0018		0049
Stansted Airport	↔ a		0013			
Stansted Airport	↔ d					
Elsenham	d			0021		0052
Newport (Essex)	d			0027		0058
Audley End	d			0030		0101
Great Chesterford	d			0035		0106
Whittlesford Parkway	d			0039		0110
Shelford	d			0044		
Cambridge	 a			0051		0119
Cambridge	 d					
Cambridge North	 a					

0640 Cycle restrictions apply. See notes for details

Saturdays

				XC A 				◇	
London Liverpool St	 d	0340	0410		0440	0510	0520	0525	
Stratford	DLR  d						0529		
Seven Sisters	 d								
Tottenham Hale	 d				0452	0522	0540	0537	
Cheshunt	 d				0500		↳		
Broxbourne	 d				0506				
Roydon	d								
Harlow Town	 d				0512	0538		0553	
Harlow Mill	d								
Sawbridgeworth	d					0543			
Bishop's Stortford	 d				0522	0550		0602	
Stansted Mountfitchet	d				0526			0605	
Stansted Airport	← a	0430	0500		0539	0559		0613	
Stansted Airport	← d			0527					
Elsenham	d								
Newport (Essex)	d								
Audley End	d								
Great Chesterford	d								
Whittlesford Parkway	d								
Shelford	d								
Cambridge	 a			0555					
Cambridge	 d								
Cambridge North	 a								








0640 Cycle restrictions apply. See notes for details

Saturdays

		◇ XC ◇		A1 ◇		◇	
London Liverpool St	⊖ d		0540	0551	0555	0558	←
Stratford	DLR ⊖ d			0600			0600
Seven Sisters	⊖ d	←		↔			
Tottenham Hale	⊖ d	0540	0552		0607	0610	0613
Cheshunt	🚆 d	0548				0618	0625
Broxbourne	🚆 d	0553				0623	0634
Roydon	d	0557					↔
Harlow Town	🚆 d	0601			0624	0629	
Harlow Mill	d	0604					
Sawbridgeworth	d	0607					
Bishop's Stortford	🚆 d	0614	0618		0633	0638	
Stansted Mountfitchet	d	0618			0637		
Stansted Airport	↔ a		0627		0644		
Stansted Airport	↔ d		0627				
Elsenham	d	0621					
Newport (Essex)	d	0627					
Audley End	d	0630				0650	
Great Chesterford	d	0635					
Whittlesford Parkway	d	0639				0658	
Shelford	d	0644					
Cambridge	🚆 a	0651	0656			0707	
Cambridge	🚆 d	0653				0716	
Cambridge North	🚆 a	0658				0721	

0640 Cycle restrictions apply. See notes for details

Saturdays

			B		◇	XC A 1 ◇
London Liverpool St	⊖ d		0610		0621	0625 0628
Stratford	DLR ⊖ d				0630	<i>0616</i>
Seven Sisters	⊖ d			↪		
Tottenham Hale	⊖ d		0622			0637 0640
Cheshunt	 d			↩		0648
Broxbourne	 d			0634		0653
Roydon	d			0639		0657
Harlow Town	 d			0643	0654	0701
Harlow Mill	d			0646		0704
Sawbridgeworth	d			0649		0707
Bishop's Stortford	 d		0645	0656		0714
Stansted Mountfitchet	d					0718
Stansted Airport	↵ a		0657		0713	
Stansted Airport	↵ d	0648				0727
Elsenham	d					0721
Newport (Essex)	d					0727
Audley End	d	0702				0730
Great Chesterford	d					0735
Whittlesford Parkway	d	0709				0739
Shelford	d					0744
Cambridge	 a	0719				0751 0757
Cambridge	 d	0720				0753
Cambridge North	 a	0724				0758








0640 Cycle restrictions apply. See notes for details

Saturdays

						◇ B	
London Liverpool St	⊖ d	←	0640		0655	0658	
Stratford	DLR ⊖ d		0630		0646		0700
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d		0643	0652		0707	0710
Cheshunt	⊖ d		0652		←		0718
Broxbourne	⊖ d		0658		0658		0723
Roydon	d	↘					↘
Harlow Town	⊖ d				0711	0724	0729
Harlow Mill	d						
Sawbridgeworth	d				0716		
Bishop's Stortford	⊖ d				0718	0722	0738
Stansted Mountfitchet	d					0736	
Stansted Airport	↖ a		0727		0744		
Stansted Airport	↖ d						0748
Elsenham	d						
Newport (Essex)	d						
Audley End	d					0750	0802
Great Chesterford	d						
Whittlesford Parkway	d					0758	0809
Shelford	d						
Cambridge	⊖ a					0808	0819
Cambridge	⊖ d					0813	0820
Cambridge North	⊖ a					0818	0824








0640 Cycle restrictions apply. See notes for details

Saturdays

						XC A			
London Liverpool St	⊖ d	0710		0725	0728				0740
Stratford	DLR ⊖ d			0716				0730	
Seven Sisters	⊖ d								
Tottenham Hale	⊖ d	0722		0737	0740			0743	0752
Cheshunt	 d		←		0748			0752	
Broxbourne	 d		0734		0753			0758	
Roydon	d		0739		0757			→	
Harlow Town	 d		0743	0754	0801				
Harlow Mill	d		0746		0804				
Sawbridgeworth	d		0749		0807				
Bishop's Stortford	 d	0745	0756		0814				0818
Stansted Mountfitchet	d				0818				
Stansted Airport	↔ a	0757		0813					0827
Stansted Airport	↔ d						0827		
Elsenham	d				0821				
Newport (Essex)	d				0827				
Audley End	d				0830				
Great Chesterford	d				0835				
Whittlesford Parkway	d				0839				
Shelford	d				0844				
Cambridge	 a				0851	0856			
Cambridge	 d				0853				
Cambridge North	 a				0858				








0640 Cycle restrictions apply. See notes for details

Saturdays

			◇	B		
London Liverpool St	⊖ d		0755	0758		0810
Stratford	DLR ⊖ d		0746		0800	
Seven Sisters	⊖ d					
Tottenham Hale	⊖ d		0807	0810	0813	0822
Cheshunt	 d ←			0818	0825	←
Broxbourne	 d	0758		0823	0834	0834
Roydon	d				↘	0839
Harlow Town	 d	0811	0824	0829		0843
Harlow Mill	d					0846
Sawbridgeworth	d	0816				0849
Bishop's Stortford	 d	0822		0838		0845 0856
Stansted Mountfitchet	d		0836			
Stansted Airport	↔ a		0844			0857
Stansted Airport	↔ d			0848		
Elsenham	d					
Newport (Essex)	d					
Audley End	d			0850	0902	
Great Chesterford	d					
Whittlesford Parkway	d			0858	0909	
Shelford	d					
Cambridge	 a			0908	0919	
Cambridge	 d			0913	0925	
Cambridge North	 a			0918	0929	








0640 Cycle restrictions apply. See notes for details

Saturdays

		◇ XC		A		◇	
London Liverpool St	⊖ d	0825	0828		0840		0855
Stratford	DLR ⊖ d	0816		0830			0846
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	0837	0840	0843	0852		0907
Cheshunt	 d		0848	0852		←	
Broxbourne	 d		0853	0858		0858	
Roydon	d		0857	→			
Harlow Town	 d	0854	0901			0911	0924
Harlow Mill	d		0904				
Sawbridgeworth	d		0907			0916	
Bishop's Stortford	 d		0914		0918	0922	
Stansted Mountfitchet	d		0918				0936
Stansted Airport	← a	0911			0927		0944
Stansted Airport	← d			0927			
Elsenham	d		0921				
Newport (Essex)	d		0927				
Audley End	d		0930				
Great Chesterford	d		0935				
Whittlesford Parkway	d		0939				
Shelford	d		0944				
Cambridge	 a		0951	0956			
Cambridge	 d		0953				
Cambridge North	 a		0958				


















0640 Cycle restrictions apply. See notes for details

Saturdays

		◇	B		◇
London Liverpool St	⊖ d	0858		0910	0925 0928
Stratford	DLR ⊖ d		0900		<i>0916</i>
Seven Sisters	⊖ d				
Tottenham Hale	⊖ d	0910	0913	0922	0937 0940
Cheshunt	 d	0918	0925	←	0948
Broxbourne	 d	0923	0934	0934	0953
Roydon	d		→	0939	0957
Harlow Town	 d	0929		0943	0954 1001
Harlow Mill	d			0946	1004
Sawbridgeworth	d			0949	1007
Bishop's Stortford	 d	0938		0945 0956	1014
Stansted Mountfitchet	d				1018
Stansted Airport	↔ a			0957	1011
Stansted Airport	↔ d		0948		
Elsenham	d				1021
Newport (Essex)	d				1027
Audley End	d	0950	1002		1030
Great Chesterford	d				1035
Whittlesford Parkway	d	0958	1009		1039
Shelford	d				1044
Cambridge	 a	1008	1019		1051
Cambridge	 d	1013	1020		1053
Cambridge North	 a	1019	1024		1058








0640 Cycle restrictions apply. See notes for details

Saturdays

		XC A 				B	
London Liverpool St	 d		0940		0955	0958	
Stratford	DLR  d	0930			<i>0946</i>		
Seven Sisters	 d						
Tottenham Hale	 d	0943	0952		1007	1010	
Cheshunt	 d	0952					1018
Broxbourne	 d	0958		0958			1023
Roydon	d						
Harlow Town	 d			1011	1024	1029	
Harlow Mill	d						
Sawbridgeworth	d			1016			
Bishop's Stortford	 d		1018	1022			1038
Stansted Mountfitchet	d				1036		
Stansted Airport	 a		1027		1044		
Stansted Airport	 d	1027					1048
Elsenham	d						
Newport (Essex)	d						
Audley End	d					1050	1102
Great Chesterford	d						
Whittlesford Parkway	d					1058	1109
Shelford	d						
Cambridge	 a	1056				1108	1119
Cambridge	 d					1113	1120
Cambridge North	 a					1118	1124








0640 Cycle restrictions apply. See notes for details

Saturdays

						◇			
London Liverpool St	⊖ d		1010			1025	1028		1040
Stratford	DLR ⊖ d	1000				<i>1016</i>		1030	
Seven Sisters	⊖ d								
Tottenham Hale	⊖ d	1013	1022			1037	1040	1043	1052
Cheshunt	 d	1025		←			1048	1052	
Broxbourne	 d	1034		1034			1053	1058	
Roydon	d	↳		1039			1057	↳	
Harlow Town	 d			1043	1054		1101		
Harlow Mill	d			1046			1104		
Sawbridgeworth	d			1049			1107		
Bishop's Stortford	 d		1045	1056			1114		1118
Stansted Mountfitchet	d						1118		
Stansted Airport	↔ a		1057			1111			1127
Stansted Airport	↔ d								
Elsenham	d						1121		
Newport (Essex)	d						1127		
Audley End	d						1130		
Great Chesterford	d						1135		
Whittlesford Parkway	d						1139		
Shelford	d						1144		
Cambridge	 a						1151		
Cambridge	 d						1153		
Cambridge North	 a						1158		








0640 Cycle restrictions apply. See notes for details

Saturdays

			◇	B		
London Liverpool St	⊖ d		1055	1058		1110
Stratford	DLR ⊖ d		1046		1100	
Seven Sisters	⊖ d					
Tottenham Hale	⊖ d		1107	1110	1113	1122
Cheshunt	 d ←			1118	1125	←
Broxbourne	 d	1058		1123	1134	1134
Roydon	d				↘	1139
Harlow Town	 d	1111	1124	1129		1143
Harlow Mill	d					1146
Sawbridgeworth	d	1116				1149
Bishop's Stortford	 d	1122		1138		1145 1156
Stansted Mountfitchet	d		1136			
Stansted Airport	↖ a		1144			1157
Stansted Airport	↖ d			1148		
Elsenham	d					
Newport (Essex)	d					
Audley End	d			1150	1202	
Great Chesterford	d					
Whittlesford Parkway	d			1158	1209	
Shelford	d					
Cambridge	 a			1208	1219	
Cambridge	 d			1213	1220	
Cambridge North	 a			1218	1224	

0640 Cycle restrictions apply. See notes for details

Saturdays

		◇ XC		A □ ◇			
London Liverpool St	⊖ d	1125	1128		1140		1155
Stratford	DLR ⊖ d	1116		1130			1146
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	1137	1140	1143	1152		1207
Cheshunt	 d		1148	1152		←	
Broxbourne	 d		1153	1158		1158	
Roydon	d		1157	→			
Harlow Town	 d	1154	1201			1211	1224
Harlow Mill	d		1204				
Sawbridgeworth	d		1207			1216	
Bishop's Stortford	 d		1214		1218	1222	
Stansted Mountfitchet	d		1218				1236
Stansted Airport	← a	1211			1227		1244
Stansted Airport	← d			1227			
Elsenham	d		1221				
Newport (Essex)	d		1227				
Audley End	d		1230				
Great Chesterford	d		1235				
Whittlesford Parkway	d		1239				
Shelford	d		1244				
Cambridge	 a		1251	1256			
Cambridge	 d		1253				
Cambridge North	 a		1258				








0640 Cycle restrictions apply. See notes for details

Saturdays

		◇	B		◇
London Liverpool St	⊖ d	1158		1210	1225 1228
Stratford	DLR ⊖ d		1200		1216
Seven Sisters	⊖ d				
Tottenham Hale	⊖ d	1210	1213	1222	1237 1240
Cheshunt	🚆 d	1218	1225	←	1248
Broxbourne	🚆 d	1223	1234	1234	1253
Roydon	d		→	1239	1257
Harlow Town	🚆 d	1229		1243	1254 1301
Harlow Mill	d			1246	1304
Sawbridgeworth	d			1249	1307
Bishop's Stortford	🚆 d	1238		1245 1256	1314
Stansted Mountfitchet	d				1318
Stansted Airport	↔ a			1257	1311
Stansted Airport	↔ d		1248		
Elsenham	d				1321
Newport (Essex)	d				1327
Audley End	d	1250	1302		1330
Great Chesterford	d				1335
Whittlesford Parkway	d	1258	1309		1339
Shelford	d				1344
Cambridge	🚆 a	1308	1319		1351
Cambridge	🚆 d	1313	1320		1353
Cambridge North	🚆 a	1318	1324		1358








0640 Cycle restrictions apply. See notes for details

Saturdays

				◇		B	
London Liverpool St	⊖ d		1240		1255	1258	
Stratford	DLR ⊖ d	1230			<i>1246</i>		1300
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	1243	1252		1307	1310	1313
Cheshunt	 d	1252		←		1318	1325
Broxbourne	 d	1258		1258		1323	1334
Roydon	d	↘					↘
Harlow Town	 d			1311	1324	1329	
Harlow Mill	d						
Sawbridgeworth	d			1316			
Bishop's Stortford	 d		1318	1322		1338	
Stansted Mountfitchet	d				1336		
Stansted Airport	↔ a		1327		1344		
Stansted Airport	↔ d						1348
Elsenham	d						
Newport (Essex)	d						
Audley End	d					1350	1402
Great Chesterford	d						
Whittlesford Parkway	d					1358	1409
Shelford	d						
Cambridge	 a					1408	1419
Cambridge	 d					1413	1420
Cambridge North	 a					1418	1424








0640 Cycle restrictions apply. See notes for details

Saturdays

						XC A□◇	
London Liverpool St	⊖ d	1310		1325	1328		1340
Stratford	DLR ⊖ d			1316			1330
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	1322		1337	1340		1343 1352
Cheshunt	 d		←		1348		1352
Broxbourne	 d		1334		1353		1358
Roydon	d		1339		1357		→
Harlow Town	 d		1343	1354	1401		
Harlow Mill	d		1346		1404		
Sawbridgeworth	d		1349		1407		
Bishop's Stortford	 d	1345	1356		1414		1418
Stansted Mountfitchet	d				1418		
Stansted Airport	↔ a	1357		1411			1427
Stansted Airport	↔ d					1427	
Elsenham	d				1421		
Newport (Essex)	d				1427		
Audley End	d				1430		
Great Chesterford	d				1435		
Whittlesford Parkway	d				1439		
Shelford	d				1444		
Cambridge	 a				1451	1456	
Cambridge	 d				1453		
Cambridge North	 a				1458		








0640 Cycle restrictions apply. See notes for details

Saturdays

		◇		B	
London Liverpool St	⊖ d	1355	1358		1410
Stratford	DLR ⊖ d	1346		1400	
Seven Sisters	⊖ d				
Tottenham Hale	⊖ d	1407	1410	1413	1422
Cheshunt	 d ←		1418	1425	←
Broxbourne	 d 1358		1423	1434	1434
Roydon	d			↘	1439
Harlow Town	 d 1411	1424	1429		1443
Harlow Mill	d				1446
Sawbridgeworth	d 1416				1449
Bishop's Stortford	 d 1422		1438		1445 1456
Stansted Mountfitchet	d	1436			
Stansted Airport	↖ a	1444			1457
Stansted Airport	↖ d		1448		
Elsenham	d				
Newport (Essex)	d				
Audley End	d		1450	1502	
Great Chesterford	d				
Whittlesford Parkway	d		1458	1509	
Shelford	d				
Cambridge	 a		1508	1519	
Cambridge	 d		1513	1520	
Cambridge North	 a		1518	1524	








0640 Cycle restrictions apply. See notes for details

Saturdays

			◇			◇	
London Liverpool St	⊖ d	1425	1428		1440		1455 1458
Stratford	DLR ⊖ d	1416		1430			1446
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	1437	1440	1443	1452		1507 1510
Cheshunt	 d		1448	1452		←	1518
Broxbourne	 d		1453	1458		1458	1523
Roydon	d		1457	→			
Harlow Town	 d	1454	1501			1511	1524 1529
Harlow Mill	d		1504				
Sawbridgeworth	d		1507			1516	
Bishop's Stortford	 d		1514		1518	1522	1538
Stansted Mountfitchet	d		1518				1536
Stansted Airport	← a	1511			1527		1544
Stansted Airport	← d						
Elsenham	d		1521				
Newport (Essex)	d		1527				
Audley End	d		1530				1550
Great Chesterford	d		1535				
Whittlesford Parkway	d		1539				1558
Shelford	d		1544				
Cambridge	 a		1551				1608
Cambridge	 d		1553				1613
Cambridge North	 a		1558				1618








0640 Cycle restrictions apply. See notes for details

Saturdays

		B			◇	XC A 1 ◇
London Liverpool St	⊖ d		1510		1525	1528
Stratford	DLR ⊖ d	1500			1516	
Seven Sisters	⊖ d					
Tottenham Hale	⊖ d	1513	1522		1537	1540
Cheshunt	 d	1525		←		1548
Broxbourne	 d	1534		1534		1553
Roydon	d	↳		1539		1557
Harlow Town	 d			1543	1554	1601
Harlow Mill	d			1546		1604
Sawbridgeworth	d			1549		1607
Bishop's Stortford	 d		1545	1556		1614
Stansted Mountfitchet	d					1618
Stansted Airport	↔ a		1557		1611	
Stansted Airport	↔ d	1548				1627
Elsenham	d				1621	
Newport (Essex)	d				1627	
Audley End	d	1602			1630	
Great Chesterford	d				1635	
Whittlesford Parkway	d	1609			1639	
Shelford	d				1644	
Cambridge	 a	1619			1651	1656
Cambridge	 d	1620			1653	
Cambridge North	 a	1624			1658	








0640 Cycle restrictions apply. See notes for details

Saturdays

				◇		B	
London Liverpool St	⊖ d		1540		1555	1558	
Stratford	DLR ⊖ d	1530			<i>1546</i>		1600
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	1543	1552		1607	1610	1613
Cheshunt	 d	1552		←		1618	1625
Broxbourne	 d	1558		1558		1623	1634
Roydon	d	↘					↘
Harlow Town	 d			1611	1624	1629	
Harlow Mill	d						
Sawbridgeworth	d			1616			
Bishop's Stortford	 d		1618	1622		1638	
Stansted Mountfitchet	d				1636		
Stansted Airport	↔ a		1627		1644		
Stansted Airport	↔ d						1648
Elsenham	d						
Newport (Essex)	d						
Audley End	d					1650	1702
Great Chesterford	d						
Whittlesford Parkway	d					1658	1709
Shelford	d						
Cambridge	 a					1708	1719
Cambridge	 d					1713	1720
Cambridge North	 a					1718	1724








0640 Cycle restrictions apply. See notes for details

Saturdays

		◇					
London Liverpool St	⊖ d	1610		1625	1628		1640
Stratford	DLR ⊖ d			1616		1630	
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	1622		1637	1640	1643	1652
Cheshunt	 d		←		1648	1652	←
Broxbourne	 d		1634		1653	1658	1658
Roydon	d		1639		1657	→	
Harlow Town	 d		1643	1654	1701		1712
Harlow Mill	d		1646		1704		
Sawbridgeworth	d		1649		1707		1717
Bishop's Stortford	 d	1645	1656		1714		1718
Stansted Mountfitchet	d				1718		
Stansted Airport	↔ a	1657		1711			1727
Stansted Airport	↔ d						
Elsenham	d				1721		
Newport (Essex)	d				1727		
Audley End	d				1730		
Great Chesterford	d				1735		
Whittlesford Parkway	d				1739		
Shelford	d				1744		
Cambridge	 a				1751		
Cambridge	 d				1753		
Cambridge North	 a				1758		








0640 Cycle restrictions apply. See notes for details

Saturdays

		◇	B			
London Liverpool St	⊖ d	1655	1658		1710	1725
Stratford	DLR ⊖ d	1646		1700		1716
Seven Sisters	⊖ d					
Tottenham Hale	⊖ d	1707	1710	1713	1722	1737
Cheshunt	 d		1718	1725		←
Broxbourne	 d		1723	1734		1734
Roydon	d			↳		1739
Harlow Town	 d	1724	1729			1743 1754
Harlow Mill	d					1746
Sawbridgeworth	d					1749
Bishop's Stortford	 d		1738		1745	1756
Stansted Mountfitchet	d	1736				
Stansted Airport	↔ a	1744			1757	1811
Stansted Airport	↔ d		1748			
Elsenham	d					
Newport (Essex)	d					
Audley End	d		1750	1802		
Great Chesterford	d					
Whittlesford Parkway	d		1758	1809		
Shelford	d					
Cambridge	 a		1808	1819		
Cambridge	 d		1812	1820		
Cambridge North	 a		1818	1824		








0640 Cycle restrictions apply. See notes for details

Saturdays

		◇ XC ◇		A		◇	
London Liverpool St	⊖ d	1728		1740		1755	1758
Stratford	DLR ⊖ d		1730			1746	
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	1740	1743	1752		1807	1810
Cheshunt	 d	1748	1752		←		1818
Broxbourne	 d	1753	1758		1758		1823
Roydon	d	1757	→				
Harlow Town	 d	1801			1811	1824	1829
Harlow Mill	d	1804					
Sawbridgeworth	d	1807			1816		
Bishop's Stortford	 d	1814		1818	1822		1838
Stansted Mountfitchet	d	1818				1836	
Stansted Airport	← a			1827		1844	
Stansted Airport	← d		1827				
Elsenham	d	1821					
Newport (Essex)	d	1827					
Audley End	d	1830					1850
Great Chesterford	d	1835					
Whittlesford Parkway	d	1839					1858
Shelford	d	1844					
Cambridge	 a	1851	1856				1908
Cambridge	 d	1853					1913
Cambridge North	 a	1858					1918








0640 Cycle restrictions apply. See notes for details

Saturdays

			B			◇		
London Liverpool St	⊖	d		1810		1825	1828	
Stratford	DLR ⊖	d	1800			<i>1816</i>		1830
Seven Sisters	⊖	d						
Tottenham Hale	⊖	d	1813	1822		1837	1840	1843
Cheshunt	 d		1825		←		1848	1852
Broxbourne	 d		1834		1834		1853	1858
Roydon	d		↳		1839		1857	↳
Harlow Town	 d				1843	1854	1901	
Harlow Mill	d				1846		1904	
Sawbridgeworth	d				1849		1907	
Bishop's Stortford	 d			1845	1856		1914	
Stansted Mountfitchet	d						1918	
Stansted Airport	↔	a		1857		1911		
Stansted Airport	↔	d	1848					
Elsenham	d						1921	
Newport (Essex)	d						1927	
Audley End	d	1902					1930	
Great Chesterford	d						1935	
Whittlesford Parkway	d	1910					1939	
Shelford	d						1944	
Cambridge	 a	1920					1951	
Cambridge	 d	1921					1953	
Cambridge North	 a	1925					1958	








0640 Cycle restrictions apply. See notes for details

Saturdays

				◇		B	
London Liverpool St	⊖ d	1840		1855	1858		1910
Stratford	DLR ⊖ d			1846			1900
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	1852		1907	1910		1913 1922
Cheshunt	 d		←		1918		1925
Broxbourne	 d		1858		1923		1934
Roydon	d						↘
Harlow Town	 d		1911	1924	1929		
Harlow Mill	d						
Sawbridgeworth	d		1916				
Bishop's Stortford	 d	1918	1922		1938		1945
Stansted Mountfitchet	d			1936			
Stansted Airport	↔ a	1927		1944			1957
Stansted Airport	↔ d					1948	
Elsenham	d						
Newport (Essex)	d						
Audley End	d				1950	2002	
Great Chesterford	d						
Whittlesford Parkway	d				1958	2009	
Shelford	d						
Cambridge	 a				2008	2019	
Cambridge	 d				2013	2020	
Cambridge North	 a				2018	2024	

0640 Cycle restrictions apply. See notes for details








Saturdays

			◇		XC 1◇	
London Liverpool St	⊖ d		1925	1928		1940
Stratford	DLR ⊖ d		1916		1930	
Seven Sisters	⊖ d					
Tottenham Hale	⊖ d		1937	1940	1943	1952
Cheshunt	 d ←			1948	1952	←
Broxbourne	 d	1934		1953	1958	1958
Roydon	d	1939		1957	↘	
Harlow Town	 d	1943	1954	2001		2011
Harlow Mill	d	1946		2004		
Sawbridgeworth	d	1949		2007		2016
Bishop's Stortford	 d	1956		2014		2018 2022
Stansted Mountfitchet	d			2018		
Stansted Airport	↔ a		2011			2027
Stansted Airport	↔ d			2027		
Elsenham	d			2021		
Newport (Essex)	d			2027		
Audley End	d			2030	2041	
Great Chesterford	d			2035		
Whittlesford Parkway	d			2039		
Shelford	d			2044		
Cambridge	 a			2051	2056	
Cambridge	 d			2053		
Cambridge North	 a			2058		

0640 Cycle restrictions apply. See notes for details








Saturdays

◇ B

London Liverpool St	⊖ d	1955	1958		2010		2025
Stratford	DLR ⊖ d	1946			2000		2016
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	2007	2010		2013	2022	2037
Cheshunt	 d		2018		2025		←
Broxbourne	 d		2023		2034		2034
Roydon	d				↳		2039
Harlow Town	 d	2024	2029				2043 2054
Harlow Mill	d						2046
Sawbridgeworth	d						2049
Bishop's Stortford	 d		2038		2045	2056	
Stansted Mountfitchet	d	2036					
Stansted Airport	↔ a	2044			2057		2111
Stansted Airport	↔ d			2048			
Elsenham	d						
Newport (Essex)	d						
Audley End	d		2050	2102			
Great Chesterford	d						
Whittlesford Parkway	d		2058	2109			
Shelford	d						
Cambridge	 a		2108	2119			
Cambridge	 d		2113	2120			
Cambridge North	 a		2118	2124			








0640 Cycle restrictions apply. See notes for details

Saturdays

			◇				◇		
London Liverpool St	⊖	d	2028		2040			2055	2058
Stratford	DLR	⊖	d	2030				2046	2100
Seven Sisters	⊖	d							
Tottenham Hale	⊖	d	2040	2043	2052			2107	2110 2113
Cheshunt		d	2048	2052			←		2118 2125
Broxbourne		d	2053	2058			2058		2123 2134
Roydon		d	2057	↘					↘
Harlow Town		d	2101				2111	2124	2129
Harlow Mill		d	2104						
Sawbridgeworth		d	2107				2116		
Bishop's Stortford		d	2114		2118	2122			2138
Stansted Mountfitchet		d	2118					2136	
Stansted Airport	↔	a			2127			2144	
Stansted Airport	↔	d							
Elsenham		d	2121						
Newport (Essex)		d	2127						
Audley End		d	2130					2150	
Great Chesterford		d	2135						
Whittlesford Parkway		d	2139					2158	
Shelford		d	2144						
Cambridge		a	2151					2208	
Cambridge		d	2153					2213	
Cambridge North		a	2158					2218	








0640 Cycle restrictions apply. See notes for details

Saturdays

				B	◇	XC 1◇
London Liverpool St	⊖ d	2110			2125	2128
Stratford	DLR ⊖ d				2116	2130
Seven Sisters	⊖ d					
Tottenham Hale	⊖ d	2122			2137	2140
Cheshunt	 d		←		2148	2152
Broxbourne	 d		2134		2153	2158
Roydon	d		2139		2157	→
Harlow Town	 d		2143	2154	2201	
Harlow Mill	d		2146		2204	
Sawbridgeworth	d		2149		2207	
Bishop's Stortford	 d	2145	2156		2214	
Stansted Mountfitchet	d				2218	
Stansted Airport	↔ a	2157			2214	
Stansted Airport	↔ d			2210		2227
Elsenham	d				2221	
Newport (Essex)	d				2227	
Audley End	d			2225	2230	2241
Great Chesterford	d				2235	
Whittlesford Parkway	d			2233	2239	
Shelford	d				2244	
Cambridge	 a			2244	2250	2258
Cambridge	 d			2255	2259	
Cambridge North	 a			2259	2304	








0640 Cycle restrictions apply. See notes for details

Saturdays

		◇									
London Liverpool St	⊖ d	2140			2155	2158			2210		
Stratford	DLR ⊖ d				2146			2200			
Seven Sisters	⊖ d										
Tottenham Hale	⊖ d	2152			2207	2210	2213	2222			
Cheshunt	 d			←		2218	2225				←
Broxbourne	 d		2158			2223	2234				2234
Roydon	d							→			2239
Harlow Town	 d		2211	2224	2229						2243
Harlow Mill	d										2246
Sawbridgeworth	d		2216								2249
Bishop's Stortford	 d	2218	2222			2238			2245	2256	
Stansted Mountfitchet	d				2236						
Stansted Airport	↔ a	2227			2244				2257		
Stansted Airport	↔ d										
Elsenham	d										
Newport (Essex)	d										
Audley End	d					2250					
Great Chesterford	d										
Whittlesford Parkway	d					2258					
Shelford	d										
Cambridge	 a					2308					
Cambridge	 d										
Cambridge North	 a										








0640 Cycle restrictions apply. See notes for details

Saturdays

			◇	XC 1◇				
London Liverpool St	⊖ d	2225	2228			2240		2255
Stratford	DLR ⊖ d	2216			2230			2246
Seven Sisters	⊖ d							
Tottenham Hale	⊖ d	2237	2240		2243	2252		2307
Cheshunt	 d		2248		2252		←	
Broxbourne	 d		2253		2258		2258	
Roydon	d		2257		→			
Harlow Town	 d	2254	2301				2311	2324
Harlow Mill	d		2304					
Sawbridgeworth	d		2307				2316	
Bishop's Stortford	 d		2314			2318	2322	
Stansted Mountfitchet	d		2318					2336
Stansted Airport	← a	2311				2331		2344
Stansted Airport	← d			2327				
Elsenham	d		2321					
Newport (Essex)	d		2327					
Audley End	d		2330	2341				
Great Chesterford	d		2335					
Whittlesford Parkway	d		2339					
Shelford	d		2344					
Cambridge	 a		2350	2358				
Cambridge	 d		2352					
Cambridge North	 a		2357					








0640 Cycle restrictions apply. See notes for details

Saturdays

			◇		◇			
London Liverpool St	⊖	d	2258		2325	2328	2358	
Stratford	DLR	⊖	d	2300				
Seven Sisters	⊖	d						
Tottenham Hale	⊖	d	2310	2313	2337	2340	0010	
Cheshunt		d	2318	2325		2348	0018	
Broxbourne		d	2323	2330		2353	0023	
Roydon		d		2334		2357	0027	
Harlow Town		d	2329	2338	2354	0001	0032	
Harlow Mill		d		2341		0004	0035	
Sawbridgeworth		d		2345		0007	0038	
Bishop's Stortford		d	2338	2351	0003	0014	0045	
Stansted Mountfitchet		d				0018	0049	
Stansted Airport	↔	a			0013			
Stansted Airport	↔	d						
Elsenham		d				0021	0052	
Newport (Essex)		d				0027	0058	
Audley End		d	2350			0030	0101	
Great Chesterford		d				0035	0106	
Whittlesford Parkway		d	2358			0039	0110	
Shelford		d				0044		
Cambridge		a	0008			0051	0119	
Cambridge		d						
Cambridge North		a						








0640 Cycle restrictions apply. See notes for details

Sundays

London Liverpool St	⊖ d	0410	0440	0510	0540	0610	0625	0640
Stratford	DLR ⊖ d							
Seven Sisters	⊖ d							
Tottenham Hale	⊖ d		0452	0522	0552	0622	0637	0652
Cheshunt	 d				0600			0700
Broxbourne	 d				0605			0705
Roydon	d							
Harlow Town	 d		0508	0538	0611		0653	
Harlow Mill	d							
Sawbridgeworth	d							
Bishop's Stortford	 d		0518	0548	0621	0645		0718
Stansted Mountfitchet	d		0522		0625		0704	
Stansted Airport	↔ a	0459	0534	0557	0632	0655	0712	0728
Stansted Airport	↔ d							
Elsenham	d							
Newport (Essex)	d							
Audley End	d							
Great Chesterford	d							
Whittlesford Parkway	d							
Shelford	d							
Cambridge	 a							
Cambridge	 d							
Cambridge North	 a							

0640 Cycle restrictions apply. See notes for details

Sundays

		B			◇			
London Liverpool St	⊖ d	0655	0710	0725		0740	0742	0755
Stratford	DLR ⊖ d							
Seven Sisters	⊖ d							
Tottenham Hale	⊖ d	0707	0722	0737		0752	0755	0807
Cheshunt	 d						0809	
Broxbourne	 d						0822	
Roydon	d						↳	
Harlow Town	 d	0723		0753				0823
Harlow Mill	d							
Sawbridgeworth	d							
Bishop's Stortford	 d		0745			0815		
Stansted Mountfitchet	d			0804				
Stansted Airport	↔ a	0741	0755	0812		0828		0841
Stansted Airport	↔ d				0818			
Elsenham	d							
Newport (Essex)	d							
Audley End	d				0832			
Great Chesterford	d							
Whittlesford Parkway	d				0840			
Shelford	d							
Cambridge	 a				0850			
Cambridge	 d				0851			
Cambridge North	 a				0855			








0640 Cycle restrictions apply. See notes for details

Sundays

			◇		◇			
London Liverpool St	⊖	d		0810	0825	0827		0840 0855
Stratford	DLR ⊖	d			<i>0815</i>			<i>0845</i>
Seven Sisters	⊖	d						
Tottenham Hale	⊖	d		0822	0838	0841		0853 0908
Cheshunt	d	←				0848		
Broxbourne	d	0822				0853		
Roydon	d	0827						
Harlow Town	d	0831			0854	0859		0924
Harlow Mill	d	0834						
Sawbridgeworth	d	0837				0904		
Bishop's Stortford	d	0844	0848			0911		0916
Stansted Mountfitchet	d	0848			0905			
Stansted Airport	↔ a			0857	0913			0925 0942
Stansted Airport	↔ d						0909	
Elsenham	d	0851						
Newport (Essex)	d	0857						
Audley End	d	0900				0922	0926	
Great Chesterford	d	0905						
Whittlesford Parkway	d	0909				0930	0934	
Shelford	d	0913						
Cambridge	a	0921				0940	0944	
Cambridge	d	0923				0941		
Cambridge North	a	0928				0947		








0640 Cycle restrictions apply. See notes for details

Sundays

			◇		◇	B	XC A1◇	
London Liverpool St	⊖ d	0857	0910	0925	0927			0940
Stratford	DLR ⊖ d	0856		0915	0926			
Seven Sisters	⊖ d							
Tottenham Hale	⊖ d	0911	0923	0938	0941			0953
Cheshunt	 d	0918			0948			
Broxbourne	 d	0923			0953			
Roydon	d	0927						
Harlow Town	 d	0931		0954	0959			
Harlow Mill	d	0934						
Sawbridgeworth	d	0938			1004			
Bishop's Stortford	 d	0944	0948		1011			1016
Stansted Mountfitchet	d	0948		1005				
Stansted Airport	↔ a		0957	1013				1025
Stansted Airport	↔ d					1009	1027	
Elsenham	d	0951						
Newport (Essex)	d	0957						
Audley End	d	1000			1022	1027		
Great Chesterford	d	1005						
Whittlesford Parkway	d	1009			1030	1035		
Shelford	d	1013						
Cambridge	 a	1020			1040	1044	1055	
Cambridge	 d	1023			1041	1050		
Cambridge North	 a	1028			1047	1054		








0640 Cycle restrictions apply. See notes for details

Sundays

			◇		◇	B	XC A1◇
London Liverpool St	⊖ d	0955	0957	1010	1025	1028	
Stratford	DLR ⊖ d	0945	0956		1015	1026	
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	1008	1011	1023	1038	1041	
Cheshunt	 d		1018			1048	
Broxbourne	 d		1023			1053	
Roydon	d		1027				
Harlow Town	 d	1024	1031		1054	1059	
Harlow Mill	d		1034				
Sawbridgeworth	d		1038			1104	
Bishop's Stortford	 d		1044	1048		1111	
Stansted Mountfitchet	d		1048		1105		
Stansted Airport	↔ a	1042		1057	1113		
Stansted Airport	↔ d					1109	1127
Elsenham	d		1051				
Newport (Essex)	d		1057				
Audley End	d		1100			1122	1127
Great Chesterford	d		1105				
Whittlesford Parkway	d		1109			1130	1135
Shelford	d		1113				
Cambridge	 a		1120			1140	1144 1155
Cambridge	 d		1123			1141	1150
Cambridge North	 a		1128			1147	1154

















0640 Cycle restrictions apply. See notes for details

Sundays

				◇		◇	B
London Liverpool St	⊖ d	1040	1055	1057	1110	1125	1128
Stratford	DLR ⊖ d		1045	1056		1115	1126
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	1052	1107	1110	1122	1137	1140
Cheshunt	 d			1118			1148
Broxbourne	 d			1123			1153
Roydon	d			1127			
Harlow Town	 d		1124	1131		1154	1159
Harlow Mill	d			1134			
Sawbridgeworth	d			1137			1204
Bishop's Stortford	 d	1115		1144	1148		1210
Stansted Mountfitchet	d			1148		1205	
Stansted Airport	↔ a	1125	1142		1157	1213	
Stansted Airport	↔ d						1209
Elsenham	d			1151			
Newport (Essex)	d			1157			
Audley End	d			1200		1222	1226
Great Chesterford	d			1205			
Whittlesford Parkway	d			1209		1229	1234
Shelford	d			1213			
Cambridge	 a			1220		1240	1244
Cambridge	 d			1223		1241	1250
Cambridge North	 a			1228		1247	1254








0640 Cycle restrictions apply. See notes for details

Sundays

			XC A 						
London Liverpool St		d		1140	1155	1157	1210	1225	1228
Stratford	DLR		d		1145	1156		1215	1226
Seven Sisters		d							
Tottenham Hale		d		1152	1207	1210	1222	1237	1240
Cheshunt		d				1218			1248
Broxbourne		d				1223			1253
Roydon		d				1227			
Harlow Town		d			1224	1231		1254	1259
Harlow Mill		d				1234			
Sawbridgeworth		d				1237			1304
Bishop's Stortford		d		1215		1244	1248		1310
Stansted Mountfitchet		d				1248		1305	
Stansted Airport		a		1225	1242		1257	1313	
Stansted Airport		d	1227						
Elsenham		d				1251			
Newport (Essex)		d				1257			
Audley End		d				1300			1322
Great Chesterford		d				1305			
Whittlesford Parkway		d				1309			1329
Shelford		d				1313			
Cambridge		a	1255			1320			1340
Cambridge		d				1323			1341
Cambridge North		a				1328			1347








0640 Cycle restrictions apply. See notes for details

Sundays

		B	XC A	◇	◇		
London Liverpool St	⊖ d			1240	1255	1257	1310 1325
Stratford	DLR ⊖ d				1245	1256	1315
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d			1252	1307	1310	1322 1337
Cheshunt	 d					1318	
Broxbourne	 d					1323	
Roydon	d					1327	
Harlow Town	 d				1324	1331	1354
Harlow Mill	d					1334	
Sawbridgeworth	d					1337	
Bishop's Stortford	 d			1315		1344	1348
Stansted Mountfitchet	d					1348	1405
Stansted Airport	← a			1325	1342		1357 1413
Stansted Airport	← d	1309	1327				
Elsenham	d					1351	
Newport (Essex)	d					1357	
Audley End	d	1326				1400	
Great Chesterford	d					1405	
Whittlesford Parkway	d	1334				1409	
Shelford	d					1413	
Cambridge	 a	1344	1355			1420	
Cambridge	 d	1350				1423	
Cambridge North	 a	1354				1428	








0640 Cycle restrictions apply. See notes for details

Sundays

			◇	B	XC A 1 ◇		◇	
London Liverpool St	⊖ d	1328				1340	1355	1357 1410
Stratford	DLR ⊖ d	1326					1345 1356	
Seven Sisters	⊖ d							
Tottenham Hale	⊖ d	1340				1352	1407	1410 1422
Cheshunt	 d	1348						1418
Broxbourne	 d	1353						1423
Roydon	d							1427
Harlow Town	 d	1359					1424	1431
Harlow Mill	d							1434
Sawbridgeworth	d	1404						1437
Bishop's Stortford	 d	1410				1415		1444 1448
Stansted Mountfitchet	d							1448
Stansted Airport	↔ a					1425	1442	1457
Stansted Airport	↔ d		1409	1427				
Elsenham	d							1451
Newport (Essex)	d							1457
Audley End	d	1422	1426					1500
Great Chesterford	d							1505
Whittlesford Parkway	d	1429	1434					1509
Shelford	d							1513
Cambridge	 a	1440	1444	1455				1520
Cambridge	 d	1441	1450					1523
Cambridge North	 a	1447	1454					1528








0640 Cycle restrictions apply. See notes for details

Sundays

			◇	B	XC A1◇	◇		
London Liverpool St	⊖ d	1425	1428			1440	1455	1457
Stratford	DLR ⊖ d	1415	1426				1445	1456
Seven Sisters	⊖ d							
Tottenham Hale	⊖ d	1437	1440			1452	1507	1510
Cheshunt	 d		1448					1518
Broxbourne	 d		1453					1523
Roydon	d							1527
Harlow Town	 d	1454	1459				1524	1531
Harlow Mill	d							1534
Sawbridgeworth	d		1504					1537
Bishop's Stortford	 d		1510			1515		1544
Stansted Mountfitchet	d	1505						1548
Stansted Airport	↔ a	1513				1525	1542	
Stansted Airport	↔ d			1509	1527			
Elsenham	d							1551
Newport (Essex)	d							1557
Audley End	d		1522	1526				1600
Great Chesterford	d							1605
Whittlesford Parkway	d		1529	1534				1609
Shelford	d							1613
Cambridge	 a		1540	1544	1555			1620
Cambridge	 d		1541	1550				1623
Cambridge North	 a		1547	1554				1628








0640 Cycle restrictions apply. See notes for details

Sundays

				◇	B	XC A 1 ◇		
London Liverpool St	⊖	d	1510	1525	1528		1540	1555
Stratford	DLR ⊖	d		1515	1526			1545
Seven Sisters	⊖	d						
Tottenham Hale	⊖	d	1522	1537	1540		1552	1607
Cheshunt		d			1548			
Broxbourne		d			1553			
Roydon		d						
Harlow Town		d		1554	1559			1624
Harlow Mill		d						
Sawbridgeworth		d			1604			
Bishop's Stortford		d	1548		1610		1615	
Stansted Mountfitchet		d		1605				
Stansted Airport	↔	a	1557	1613			1625	1642
Stansted Airport	↔	d			1609	1627		
Elsenham		d						
Newport (Essex)		d						
Audley End		d			1622	1626		
Great Chesterford		d						
Whittlesford Parkway		d			1629	1634		
Shelford		d						
Cambridge		a			1640	1644	1655	
Cambridge		d			1641	1650		
Cambridge North		a			1647	1654		








0640 Cycle restrictions apply. See notes for details

Sundays

			◇		◇	B	XC A1◇	
London Liverpool St	⊖ d	1557	1610	1625	1628			1640
Stratford	DLR ⊖ d	1556		1615	1626			
Seven Sisters	⊖ d							
Tottenham Hale	⊖ d	1610	1622	1637	1640			1652
Cheshunt	 d	1618			1648			
Broxbourne	 d	1623			1653			
Roydon	d	1627						
Harlow Town	 d	1631		1654	1659			
Harlow Mill	d	1634						
Sawbridgeworth	d	1637			1704			
Bishop's Stortford	 d	1644	1648		1710			1715
Stansted Mountfitchet	d	1648		1705				
Stansted Airport	↔ a		1657	1713				1725
Stansted Airport	↔ d					1709	1727	
Elsenham	d	1651						
Newport (Essex)	d	1657						
Audley End	d	1700			1722	1726		
Great Chesterford	d	1705						
Whittlesford Parkway	d	1709			1729	1734		
Shelford	d	1713						
Cambridge	 a	1720			1740	1744	1755	
Cambridge	 d	1723			1741	1750		
Cambridge North	 a	1728			1747	1754		








0640 Cycle restrictions apply. See notes for details

Sundays

			◇		◇	B	XC A1◇
London Liverpool St	⊖ d	1655	1657	1710	1725	1728	
Stratford	DLR ⊖ d	1645	1656		1715	1726	
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	1707	1710	1722	1737	1740	
Cheshunt	 d		1718			1748	
Broxbourne	 d		1723			1753	
Roydon	d		1727				
Harlow Town	 d	1724	1731		1754	1759	
Harlow Mill	d		1734				
Sawbridgeworth	d		1737			1804	
Bishop's Stortford	 d		1744	1748		1810	
Stansted Mountfitchet	d		1748		1805		
Stansted Airport	↔ a	1742		1757	1813		
Stansted Airport	↔ d					1809	1827
Elsenham	d		1751				
Newport (Essex)	d		1757				
Audley End	d		1800			1822	1826
Great Chesterford	d		1805				
Whittlesford Parkway	d		1809			1829	1834
Shelford	d		1813				
Cambridge	 a		1820			1840	1844
Cambridge	 d		1823			1841	1850
Cambridge North	 a		1828			1847	1854

















0640 Cycle restrictions apply. See notes for details

Sundays

				◇		◇	B
London Liverpool St	⊖ d	1740	1755	1757	1810	1825	1828
Stratford	DLR ⊖ d		1745	1756		1815	1826
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	1752	1807	1810	1822	1837	1840
Cheshunt	 d			1818			1848
Broxbourne	 d			1823			1853
Roydon	d			1827			
Harlow Town	 d		1824	1831		1854	1859
Harlow Mill	d			1834			
Sawbridgeworth	d			1837			1904
Bishop's Stortford	 d	1815		1844	1848		1910
Stansted Mountfitchet	d			1848		1905	
Stansted Airport	↔ a	1825	1842		1857	1913	
Stansted Airport	↔ d						1909
Elsenham	d			1851			
Newport (Essex)	d			1857			
Audley End	d			1900		1922	1926
Great Chesterford	d			1905			
Whittlesford Parkway	d			1909		1929	1934
Shelford	d			1913			
Cambridge	 a			1920		1940	1944
Cambridge	 d			1923		1941	1950
Cambridge North	 a			1928		1947	1954








0640 Cycle restrictions apply. See notes for details

Sundays

			XC A 					
London Liverpool St	 d		1840	1855	1857	1910	1925	1928
Stratford	DLR  d			1845	1856		1915	1926
Seven Sisters	 d							
Tottenham Hale	 d		1852	1907	1910	1922	1937	1940
Cheshunt	 d				1918			1948
Broxbourne	 d				1923			1953
Roydon	d				1927			
Harlow Town	 d			1924	1931		1954	1959
Harlow Mill	d				1934			
Sawbridgeworth	d				1937			2004
Bishop's Stortford	 d		1915		1944	1948		2010
Stansted Mountfitchet	d				1948		2005	
Stansted Airport	 a		1925	1942		1957	2013	
Stansted Airport	 d	1927						
Elsenham	d				1951			
Newport (Essex)	d				1957			
Audley End	d				2000			2022
Great Chesterford	d				2005			
Whittlesford Parkway	d				2009			2029
Shelford	d				2013			
Cambridge	 a	1955			2020			2040
Cambridge	 d				2023			2041
Cambridge North	 a				2028			2047








0640 Cycle restrictions apply. See notes for details

Sundays

			B	XC 1◇		◇		XC 1◇
London Liverpool St	⊖	d			1940	1955	1957	2010
Stratford	DLR ⊖	d				1945	1956	
Seven Sisters	⊖	d						
Tottenham Hale	⊖	d			1952	2007	2010	2022
Cheshunt		d					2018	
Broxbourne		d					2023	
Roydon		d					2027	
Harlow Town		d				2024	2031	
Harlow Mill		d					2034	
Sawbridgeworth		d					2037	
Bishop's Stortford		d			2015		2044	2048
Stansted Mountfitchet		d					2048	
Stansted Airport	↔	a			2025	2042		2057
Stansted Airport	↔	d	2009	2027				2104
Elsenham		d					2051	
Newport (Essex)		d					2057	
Audley End		d	2026	2041			2100	2118
Great Chesterford		d					2105	
Whittlesford Parkway		d	2034				2109	
Shelford		d					2113	
Cambridge		a	2044	2055			2120	2133
Cambridge		d	2048				2123	
Cambridge North		a	2052				2128	








0640 Cycle restrictions apply. See notes for details

Sundays

		◇	B	◇				
London Liverpool St	⊖ d	2025	2028		2040	2055	2057	2110
Stratford	DLR ⊖ d	2015	2026			2045	2056	
Seven Sisters	⊖ d							
Tottenham Hale	⊖ d	2037	2040		2052	2107	2110	2122
Cheshunt	 d		2048				2118	
Broxbourne	 d		2053				2123	
Roydon	d						2127	
Harlow Town	 d	2054	2059			2124	2131	
Harlow Mill	d						2134	
Sawbridgeworth	d		2104				2137	
Bishop's Stortford	 d		2110		2115		2144	2148
Stansted Mountfitchet	d	2105					2148	
Stansted Airport	↔ a	2115			2128	2142		2157
Stansted Airport	↔ d		2111					
Elsenham	d						2151	
Newport (Essex)	d						2157	
Audley End	d		2122	2133			2200	
Great Chesterford	d						2205	
Whittlesford Parkway	d		2129	2141			2209	
Shelford	d						2213	
Cambridge	 a		2140	2151			2220	
Cambridge	 d			2154			2226	
Cambridge North	 a			2158			2231	








0640 Cycle restrictions apply. See notes for details

Sundays

		◇		XC 1◇	◇		
London Liverpool St	⊖ d	2125	2128		2140	2155	2157
Stratford	DLR ⊖ d	2115	2126			2145	2156
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	2137	2140		2152	2207	2210
Cheshunt	 d		2148				2218
Broxbourne	 d		2153				2223
Roydon	d						2227
Harlow Town	 d	2154	2159			2224	2231
Harlow Mill	d						2234
Sawbridgeworth	d		2204				2237
Bishop's Stortford	 d		2210		2215		2244
Stansted Mountfitchet	d	2205					2248
Stansted Airport	↔ a	2213			2225	2242	
Stansted Airport	↔ d		2209	2227			
Elsenham	d						2251
Newport (Essex)	d						2257
Audley End	d		2222	2226	2241		2300
Great Chesterford	d						2305
Whittlesford Parkway	d		2229	2234			2309
Shelford	d						2313
Cambridge	 a		2240	2244	2255		2320
Cambridge	 d						2323
Cambridge North	 a						2328








0640 Cycle restrictions apply. See notes for details

Sundays

				XC 1◇	◇	◇	◇	◇
London Liverpool St	⊖ d	2210		2225	2228	2240	2255	2257
Stratford	DLR ⊖ d			2215	2226		2245	
Seven Sisters	⊖ d							
Tottenham Hale	⊖ d	2222		2237	2240	2252	2307	2310
Cheshunt	 d				2248			2318
Broxbourne	 d				2253			2323
Roydon	d							2327
Harlow Town	 d			2254	2259		2324	2331
Harlow Mill	d							2334
Sawbridgeworth	d				2304			2337
Bishop's Stortford	 d	2248			2310	2315		2344
Stansted Mountfitchet	d			2305				2348
Stansted Airport	↔ a	2257		2315		2325	2342	
Stansted Airport	↔ d		2304					
Elsenham	d							2351
Newport (Essex)	d							2357
Audley End	d		2318		2322			2359
Great Chesterford	d							0005
Whittlesford Parkway	d				2330			0009
Shelford	d							0013
Cambridge	 a		2334		2339			0020
Cambridge	 d							
Cambridge North	 a							

0640 Cycle restrictions apply. See notes for details

Sundays

London Liverpool St	⊖	d	2325	2328	2358
Stratford	DLR	⊖			2333
Seven Sisters	⊖	d			
Tottenham Hale	⊖	d	2337	2340	0010
Cheshunt		d		2348	0018
Broxbourne		d		2353	0023
Roydon		d			0027
Harlow Town		d	2354	2359	0031
Harlow Mill		d			0034
Sawbridgeworth		d		0004	0037
Bishop's Stortford		d		0010	0044
Stansted Mountfitchet		d	0006		
Stansted Airport	↔	a	0013		
Stansted Airport	↔	d			
Elsenham		d			
Newport (Essex)		d			
Audley End		d			
Great Chesterford		d			
Whittlesford Parkway		d			
Shelford		d			
Cambridge		a			
Cambridge		d			
Cambridge North		a			

0640 Cycle restrictions apply. See notes for details